

Smile for total health



Discover the full-body benefits of dental coverage

We bet you brush like the best of them, but did you know oral health goes beyond a great grin? By visiting a dentist regularly, you're actually doing your entire body a favor, without even stepping into a medical office.

Here are a few things dental coverage with Kaiser Permanente can do for you, your health, and the smile that expresses it all.

Prevent

Can clean teeth improve your overall health? Studies show that conditions like heart disease and stroke may be connected to your oral hygiene. So take a trip to the dentist – you might prevent more than just cavities!

Catch

Dentists see what a toothbrush can't. On top of preventive care, dentists do double duty by spotting early symptoms of diabetes, cancer, and more.

Support

Dental checkups are also a great way to help with pre-existing conditions like diabetes that might put you at risk for gum disease. Give your brushing some healthy backup!