

NEW FOR 2023

KAISER PERMANENTE MEDICARE ADVANTAGE CARE PLUS (HMO-POS) PLAN



Care where and when you want it—plus extras

Switch to the region’s leading health system¹ for personalized, innovative care, and receive a \$1,500 annual allowance² for out-of-network coverage, giving you flexibility to manage your care. Your allowance could be used for office visits, labs, X-rays, physical therapy, outpatient behavioral health care, and more—without a referral.

Provider network

For the best experience, see any provider that accepts Medicare. You do not need a referral or pre-authorization for covered services. To find a provider that accepts Medicare, visit [medicare.gov](https://www.medicare.gov). The Care Plus allowance can only be used inside the United States and its territories. If you have questions, call Member Services at **1-888-777-5536 (TTY 711)**, 8 a.m. to 8 p.m., 7 days a week.

Out-of-network service		Copay
	Preventive care (per visit)	\$0
	Primary care (per office visit)	\$25
	Specialty care (per office visit)	\$50
	Labs	\$50
	X-rays	\$50
	Physical therapy (per visit)	\$50
	Behavioral health care <ul style="list-style-type: none">• Individual (per visit)• Group (per visit)	<ul style="list-style-type: none">\$25\$15

For additional details, view the *Evidence of Coverage* at kp.org/eocmasma.



¹ In the survey *Best Health Insurance Companies for 2021* by [Insure.com](https://www.insure.com), Kaiser Permanente as a national enterprise is rated #1 overall among 15 companies. In the NCQA Commercial Health Plan Ratings 2021, our commercial plan is rated 5 out of 5, the highest rating in MD, VA, and DC. The 2019 Commission on Cancer, a program of the American College of Surgeons, granted Three-Year Accreditation with Commendation to the Kaiser Permanente cancer care program (extended through 2022). The Mid-Atlantic Permanente Medical Group is the largest multispecialty medical group in the Washington, DC, and Baltimore areas and exclusively treats Kaiser Permanente members. Permanente doctors are recognized as Top Doctors in *Northern Virginia Magazine* (2022), *Washingtonian* magazine (2021), and *Baltimore* magazine (2021). According to NCQA’s Quality Compass® 2021, we’re rated 5 out of 5 in 29 measures, including: controlling blood pressure (heart disease), blood pressure control (140/90) (diabetes), glucose control, colorectal cancer screening, breast cancer screening, cervical cancer screening, childhood immunizations, prenatal check-ups, and postpartum care. Quality Compass is a registered trademark of the NCQA.

² Members are responsible for any charged amounts for covered services that exceed the annual allowance maximum of \$1,500. Coverage limited to inside the United States and its territories. This benefit covers limited services. See your *Evidence of Coverage* for details.

With the Kaiser Permanente Medicare Advantage Care Plus plan, you'll also receive these healthy extras:

NEW for 2023 Comprehensive dental plan with expanded provider network

\$0 for preventive care office visits, and a \$1,000 annual allowance¹ on more extensive care, such as dentures, fillings, root canals, and more

Hearing aid allowance²

\$1,000 hearing aid allowance, per ear, every 36 months, to use at Kaiser Permanente audiology centers

Eyewear allowance and vision care

Coverage for routine eye exams and glaucoma and cataract screenings—plus a \$250 allowance on glasses and contact lenses every 24 months

Over-the-counter wellness benefit³

Quarterly OTC benefit that can be used to order items, such as vitamins, allergy and cold remedies, and much more

Transportation to medical appointments

24 one-way rides per contract year for nonemergency medical appointments at Kaiser Permanente medical centers and contracted facilities at no extra cost—call **1-855-932-5412**, 24 hours a day, 7 days a week, to schedule a ride

The Silver&Fit Healthy Aging and Exercise Program⁴

Fitness center membership with a local participating Silver&Fit fitness center and digital fitness and well-being choices to help you thrive in the comfort of home

In-network service	Kaiser Permanente Medicare Advantage Care Plus (HMO-POS) with Part D
Premium	\$30
Office visit	\$10 per visit, primary care \$40 per visit, specialists
Labs	\$0
X-rays	\$15
Other imaging like MRI, CT, and PET	\$100
Inpatient hospital per admission	\$250 per day for days 1 through 5 of your stay and \$0 for the rest of your stay
Outpatient surgery	\$225 per visit
Physical therapy	\$40 per visit
Emergency room	\$95 per emergency department visit
Urgent Care	\$40 per office visit
Ambulance	\$225 per one-way trip
Eyewear allowance	\$250 every 24 months
Routine eye exam	\$10 per visit with an optometrist \$40 per visit with an ophthalmologist
Over-the-counter (OTC) wellness benefit	\$50 quarterly benefit limit
Mail Order Pharmacy, Tiers 1 and 2 ⁵	\$0 up to a 90-day supply

Not a member yet?

Contact a Medicare licensed sales specialist now.

Medicare licensed sales specialist

Kaiser Permanente is an HMO and HMO-POS plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.

Out-of-network/non-contracted providers are under no obligation to treat Plan members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

¹ With a 50% coinsurance.

² Can only be used for hearing aids purchased at Kaiser Permanente audiology centers.

³ Please refer to your *Evidence of Coverage* for details. OTC benefits may change each year on January 1. Each order must be at least \$20. Any unused portion of the quarterly benefit limit will not carry forward to the next quarter. Your order may not exceed your quarterly benefit limit. Limitations and restrictions may apply. Cash, check, credits cards, or money orders are not accepted.

⁴ The Silver&Fit program is provided by American Specialty Health Fitness, Inc. (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). Silver&Fit is a registered trademark of ASH and used with permission herein. All programs and services are not available in all areas. Participating fitness centers and fitness chains may vary by location and are subject to change.

⁵ For certain drugs, you can get prescription refills mailed to you through our Kaiser Permanente Mail Order Pharmacy. You should receive them within 3-5 days. If not, please call **1-800-700-1479** (TTY 711), 24 hours a day, 7 days a week. Some medications are not eligible for Mail Order Pharmacy. Mail Order Pharmacy can deliver to addresses in MD, VA, DC, and certain locations outside the service area.