

Summary of Medical Benefits

All plans offered and underwritten by Kaiser Foundation Health Plan of the Northwest. 500 NE Multnomah St., Suite 100, Portland, OR 97232

Customer Service: 1-866-616-0047

Washington DUAL CHOICE PPO HDHP PLAN F 3500/30%/7000

1/1/2023 - 12/31/2023

In-Network Providers

Out-of-Network Providers 1

Calendar year is the time period (Year) in which dollar, day, and visit limits, Deductibles and Out-of-Pocket Maximums accumulate.

Deductible

Cost Share amounts that count toward the Deductible are shown below. The In-Network Deductible and the Out-of-Network Deductible do not cross accumulate. This means that the amounts you pay for covered Services received from In-Network Providers only count toward the In-Network Deductible, and the amounts you pay for covered Services received from Out-of-Network Providers only count toward the Out-of-Network Deductible.

Self-only Deductible per Year (for a Family of one Member)	\$3,500	\$5,500
Individual Family Member Deductible per Year (for each Member in a Family of two or more Members)	\$3,500	\$5,500
Family Deductible per Year (for an entire Family)	\$7,000	\$16,500
Out-of-Pocket Maximum ²		
Self-only Out-of-Pocket Maximum per Year (for a Family of one Member)	\$7,000	\$15,000
Individual Family Member Out-of-Pocket Maximum per Year (for each Member in a Family of two or more Members)	\$7,000	\$15,000
Family Out-of-Pocket Maximum per Year (for an entire Family)	\$14,000	\$30,000
Office Visits	You pay	
Routine preventive physical exam	\$0	50% Coinsurance after Deductible
Telehealth (phone/video)	\$0 after Deductible	50% Coinsurance after Deductible
Primary Care	40% Coinsurance after Deductible Enhanced Benefit ³ : 30% Coinsurance after Deductible	50% Coinsurance after Deductible
Specialty Care	40% Coinsurance after Deductible Enhanced Benefit ³ : 30% Coinsurance after Deductible	50% Coinsurance after Deductible
Urgent Care	40% Coinsurance after Deductible Enhanced Benefit ³ : 30% Coinsurance after Deductible	50% Coinsurance after Deductible



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Tests (outpatient)	You	pay	
Preventive Tests	\$0	50% Coinsurance after Deductible	
Laboratory	30% Coinsurance after Deductible	50% Coinsurance after Deductible	
X-ray, imaging, and special diagnostic procedures	30% Coinsurance after Deductible	50% Coinsurance after Deductible	
CT, MRI, PET scans	30% Coinsurance after Deductible	50% Coinsurance after Deductible	
Medications (outpatient)	You	pay	
Prescription drugs (up to a 30 day supply)	Kaiser Permanente Pharmacy: Not Covered MedImpact Pharmacy: Not Covered		
Mail Order Prescription drugs (up to a 90 day supply)	Kaiser Permanente Pharmacy: Not Covered MedImpact: call CVS Caremark 1-800-237-2767		
Administered medications, including injections (all outpatient settings)	30% Coinsurance after Deductible	50% Coinsurance after Deductible	
Nurse treatment room visits to receive injections	30% Coinsurance after Deductible	50% Coinsurance after Deductible	
Maternity Care	You	pay	
Scheduled prenatal care visits and postpartum visit	\$0	50% Coinsurance after Deductible	
Laboratory	30% Coinsurance after Deductible	50% Coinsurance afte Deductible	
X-ray, imaging, and special diagnostic procedures	30% Coinsurance after Deductible	50% Coinsurance after Deductible	
Inpatient Hospital Services	30% Coinsurance after Deductible	50% Coinsurance after Deductible	
Hospital Services	You	pay	
Ambulance Services (per transport)	30% Coinsurance after Deductible		
Emergency services	30% Coinsurance	after Deductible	
Inpatient Hospital Services	30% Coinsurance after Deductible	50% Coinsurance afte Deductible	
Outpatient Services (other)	You	pay	
Outpatient surgery visit	30% Coinsurance after Deductible	50% Coinsurance after Deductible	
Chemotherapy/radiation therapy visit	40% Coinsurance after Deductible	50% Coinsurance afte Deductible	
	Enhanced Benefit ³ : 30% Coinsurance after Deductible		
Durable medical equipment	20% Coinsurance after Deductible	50% Coinsurance afte Deductible	
Physical, speech, and occupational therapies (20 visits per Year)	40% Coinsurance after Deductible	50% Coinsurance after Deductible	
	Enhanced Benefit ³ : 30% Coinsurance after Deductible		
Skilled Nursing Facility Services	You pay		
Inpatient skilled nursing Services (up to 100 days per Year)	30% Coinsurance after Deductible	50% Coinsurance after Deductible	

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Mental Health and Substance Use Disorder Services	You pay	
Outpatient Services	40% Coinsurance after Deductible	50% Coinsurance after Deductible
	Enhanced Benefit ³ : 30% Coinsurance after Deductible	
Inpatient hospital & residential Services	30% Coinsurance after Deductible	50% Coinsurance after Deductible
Alternative Care (self-referred)	You pay	
Acupuncture Services (up to 12 visits per Year)	30% Coinsurance after Deductible	50% Coinsurance after Deductible
Chiropractic Services (up to 12 visits per Year)	30% Coinsurance after Deductible	50% Coinsurance after Deductible
Massage Therapy	Not Covered	Not Covered
Naturopathic Medicine	30% Coinsurance after Deductible	50% Coinsurance after Deductible
Vision Services	You pay	
Routine eye exam (Covered until the end of the month in which Member turns 19 years of age.)	40% Coinsurance after Deductible	50% Coinsurance after Deductible
	Enhanced Benefit ³ : 30% Coinsurance after Deductible	
Vision hardware and optical Services (Covered until the end of the month in which Member turns 19 years of age.)	Not Covered	Not Covered
Routine eye exam (For members 19 years and older.)	40% Coinsurance after Deductible	50% Coinsurance after Deductible
	Enhanced Benefit ³ : 30% Coinsurance after Deductible	
Vision hardware and optical Services (For members 19 years and older.)	Not Covered	

¹Out-of-network providers may bill you for any charges in excess of the Allowed Amount (balance billing), except where balance billing is prohibited by law. You are protected from balance billing in connection with emergency services and certain services provided at an in-network hospital or ambulatory surgical center. For additional information, visit https://healthy.kaiserpermanente.org/oregon-washington/support/pay-bills/medical-bills/no-surprises-act.

Plan is subject to exclusions and limitations. A complete list of the exclusions and limitations is included in the Evidence of Coverage (EOC). Sample EOCs are available upon request or you may go to http://www.kp.org/plandocuments.

Questions? Call Customer Service at 1-866-616-0047 (M-F, 8 am-6 pm) or visit kp.org.

TTY, all areas: 711. Language Interpretation Services, all areas: 1-800-324-8010

This is not a contract. This condensed summary of benefits does not fully describe your benefit coverage with Kaiser Foundation Health Plan of the Northwest. For more details on benefit coverage, claims review, and adjudication procedures, please see your EOC or call Customer Service. In the case of a conflict between this summary and the EOC, the EOC will prevail.

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² Refer to your Evidence of Coverage (EOC) for benefits that may not apply to Out-of-Pocket Maximum.

³ You pay the lowest Cost Share when you receive certain covered Services from a select group of In-Network Providers. This is called "Enhanced Benefits." Enhanced Benefits are shown in this summary. In-Network Providers who offer Enhanced Benefits are identified with an asterisk (*) in the provider directory. Visit **kp.org/dualchoice/nw** for a searchable provider directory.