

# Summary of Medical Benefits

All plans offered and underwritten by Kaiser Foundation Health Plan of the Northwest. 500 NE Multnomah St., Suite 100, Portland, OR 97232

Member Services: 1-800-813-2000

## Washington HDHP PLAN H 5000/20%/7000

1/1/2023 - 12/31/2023

Calendar year is the time period (Year) in which dollar, day, and visit limits, Deductibles and Out-of-Pocket Maximums accumulate.

### Deductible

|   |          |
|---|----------|
| Self-only Deductible per Year (for a Family of one Member)  | \$5,000  |
| Individual Family Member Deductible per Year (for each Member in a Family of two or more Members) | \$5,000  |
| Family Deductible per Year (for an entire Family)   | \$10,000 |

### Out-of-Pocket Maximum <sup>1</sup>

|  |          |
|--|----------|
| Self-only Out-of-Pocket Maximum per Year (for a Family of one Member)  | \$7,000  |
| Individual Family Member Out-of-Pocket Maximum per Year (for each Member in a Family of two or more Members) | \$7,000  |
| Family Out-of-Pocket Maximum per Year (for an entire Family)   | \$14,000 |

### Office Visits

#### You pay

|                                  |                                  |
|----------------------------------|----------------------------------|
| Routine preventive physical exam | \$0                              |
| Telehealth (phone/video)         | \$0 after Deductible             |
| Primary Care                     | 20% Coinsurance after Deductible |
| Specialty Care                   | 20% Coinsurance after Deductible |
| Urgent Care                      | 20% Coinsurance after Deductible |

### Tests (outpatient)

#### You pay

|   |                                  |
|---|----------------------------------|
| Preventive Tests                                  | \$0                              |
| Laboratory  | 20% Coinsurance after Deductible |
| X-ray, imaging, and special diagnostic procedures | 20% Coinsurance after Deductible |
| CT, MRI, PET scans                                | 20% Coinsurance after Deductible |

### Medications (outpatient)

#### You pay

|  |                                  |
|--|----------------------------------|
| Prescription drugs (up to a 30 day supply)                               | Not Covered                      |
| Mail Order Prescription drugs (up to a 90 day supply)                    | Not Covered                      |
| Administered medications, including injections (all outpatient settings) | 20% Coinsurance after Deductible |
| Nurse treatment room visits to receive injections                        | 20% Coinsurance after Deductible |

### Maternity Care

#### You pay

|  |                                  |
|--|----------------------------------|
| Scheduled prenatal care visits and postpartum visits | \$0                              |
| Laboratory   | 20% Coinsurance after Deductible |
| X-ray, imaging, and special diagnostic procedures    | 20% Coinsurance after Deductible |
| Inpatient Hospital Services                          | 20% Coinsurance after Deductible |

|  |                                  |
|--|----------------------------------|
| <b>Hospital Services</b>   | <b>You pay</b>                   |
| Ambulance Services (per transport)   | 20% Coinsurance after Deductible |
| Emergency services   | 20% Coinsurance after Deductible |
| Inpatient Hospital Services  | 20% Coinsurance after Deductible |
| <b>Outpatient Services (other)</b>   | <b>You pay</b>                   |
| Outpatient surgery visit   | 20% Coinsurance after Deductible |
| Chemotherapy/radiation therapy visit   | 20% Coinsurance after Deductible |
| Durable medical equipment  | 20% Coinsurance after Deductible |
| Physical, speech, and occupational therapies (20 visits per Year)  | 20% Coinsurance after Deductible |
| <b>Skilled Nursing Facility Services</b>   | <b>You pay</b>                   |
| Inpatient skilled nursing Services (up to 100 days per Year)   | 20% Coinsurance after Deductible |
| <b>Mental Health and Substance Use Disorder Services</b>   | <b>You pay</b>                   |
| Outpatient Services  | 20% Coinsurance after Deductible |
| Inpatient hospital & residential Services  | 20% Coinsurance after Deductible |
| <b>Alternative Care</b> (self-referred)  | <b>You pay</b>                   |
| Acupuncture Services (up to 12 visits per Year)  | 20% Coinsurance after Deductible |
| Chiropractic Services (up to 12 visits per Year)   | 20% Coinsurance after Deductible |
| Massage Therapy  | Not Covered                      |
| Naturopathic Medicine  | 20% Coinsurance after Deductible |
| <b>Vision Services</b>   | <b>You pay</b>                   |
| Routine eye exam (Covered until the end of the month in which Member turns 19 years of age.)                     | 20% Coinsurance after Deductible |
| Vision hardware and optical Services (Covered until the end of the month in which Member turns 19 years of age.) | Not Covered                      |
| Routine eye exam (For members 19 years and older.)   | 20% Coinsurance after Deductible |
| Vision hardware and optical Services (For members 19 years and older.)   | Not Covered                      |

<sup>1</sup> Refer to your Evidence of Coverage (EOC) for benefits that may not apply to Out-of-Pocket Maximum.

Plan is subject to exclusions and limitations. A complete list of the exclusions and limitations is included in the Evidence of Coverage (EOC). Sample EOCs are available upon request or you may go to <http://www.kp.org/plandocuments>.

**Questions? Call Member Services** (M-F, 8 am-6 pm) or visit **kp.org**. Portland area: 503-813-2000

All other areas: 1-800-813-2000. TTY, all areas: 711. Language Interpretation Services, all areas: 1-800-324-8010

This is not a contract. This condensed summary of benefits does not fully describe your benefit coverage with Kaiser Foundation Health Plan of the Northwest. For more details on benefit coverage, claims review, and adjudication procedures, please see your EOC or call Member Services. In the case of a conflict between this summary and the EOC, the EOC will prevail.