

Summary of Medical Benefits

All plans offered and underwritten by Kaiser Foundation Health Plan of the Northwest. 500 NE Multnomah St., Suite 100, Portland, OR 97232

Added Choice Contact Center: 1-866-616-0047

KP OR Gold 1000/35 3T POS w/ Massage - OOA

2023 Contract

Select Providers	PPO Providers	Non-Participating	
		Providers 1	

Calendar year is the time period (Year) in which dollar, day, and visit limits, Deductibles and Out-of-Pocket Maximums accumulate.

Deductible

For Services that are subject to the Deductible, the amounts you pay for covered Services from Select Providers also count toward the Deductible for Services from PPO Providers, and vice versa. The amounts you pay for Services from Non-Participating Providers only count toward the Deductible for Services from Non-Participating Providers.

Self-only Deductible per Year (for a Family of one Member)	\$1,000	\$1,000	\$6,000	
Individual Family Member Deductible per Year (for each Member in a Family of two or more Members)	\$1,000	\$1,000	\$6,000	
Family Deductible per Year (for an entire Family)	\$2,000	\$2,000	\$12,000	
Out-of-Pocket Maximum ²				
Self-only Out-of-Pocket Maximum per Year (for a Family of one Member)	\$6,500	\$6,500	\$10,500	
Individual Family Member Out-of-Pocket Maximum per Year (for each Member in a Family of two or more Members)	\$6,500	\$6,500	\$10,500	
Family Out-of-Pocket Maximum per Year (for an entire Family)	\$13,000	\$13,000	\$21,000	
Office visits You pay				
Routine preventive physical exam	\$0	\$0	50% Coinsurance after Deductible	
Telehealth (phone/video)	\$0	\$0	50% Coinsurance after Deductible	
Primary Care	\$35	\$35	50% Coinsurance after Deductible	
Specialty Care	\$55	\$55	50% Coinsurance after Deductible	
Urgent Care	\$75	\$75	50% Coinsurance after Deductible	
Tests (outpatient) You pay				
Preventive Tests	\$0	\$0	50% Coinsurance after Deductible	
Laboratory	\$35 per department visit	\$35 per department visit	50% Coinsurance after Deductible	
X-ray, imaging, and special diagnostic procedures	\$35 per department visit	\$35 per department visit	50% Coinsurance after Deductible	
CT, MRI, PET scans	\$300 per department visit	\$300 per department visit	50% Coinsurance after Deductible	



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Medications (outpatient) You pay				
Prescription drugs (up to a 30-day supply)	\$10 generic / \$20 preferred brand / \$60 non-preferred brand / 50% Coinsurance specialty	At MedImpact Pharmacy \$10 generic/\$20 preferred brand/\$60 non-preferred brand/50% Coinsurance for specialty drugs		
Mail Order Prescription drugs (up to a 90-day supply)	\$20 generic / \$40 preferred brand / \$120 non- preferred brand	MedImpact Mail-Order call CVS Caremark 1-800-237-2767		
Administered medications, including injections (all outpatient settings)	25% Coinsurance	25% Coinsurance	50% Coinsurance after Deductible	
Nurse treatment room visits to receive injections	\$10	\$10	50% Coinsurance after Deductible	
Maternity Care		You pay		
Scheduled prenatal care visits and postpartum visits	\$0	\$0	50% Coinsurance after Deductible	
Laboratory	\$35 per department visit	\$35 per department visit	50% Coinsurance after Deductible	
X-ray, imaging, and special diagnostic procedures	\$35 per department visit	\$35 per department visit	50% Coinsurance after Deductible	
Inpatient Hospital Services	35% Coinsurance after Deductible	35% Coinsurance after Deductible	50% Coinsurance after Deductible	
Hospital Services		You pay		
Ambulance Services (per transport)	35% Coinsurance after Deductible			
Emergency services	35% Coinsurance after Deductible			
Inpatient Hospital Services	35% Coinsurance after Deductible	35% Coinsurance after Deductible	50% Coinsurance after Deductible	
Outpatient Services (other)		You pay		
Outpatient surgery visit	35% Coinsurance after Deductible	35% Coinsurance after Deductible	50% Coinsurance after Deductible	
Chemotherapy/radiation therapy visit	\$55	\$55	50% Coinsurance after Deductible	
Durable medical equipment	35% Coinsurance after Deductible	35% Coinsurance after Deductible	50% Coinsurance after Deductible	
Physical, speech, and occupational therapies (30 visits combined per Year)	\$55	\$55	50% Coinsurance after Deductible	
Skilled Nursing Facility Services		You pay		
Inpatient skilled nursing Services (up to 60 days per Year)	35% Coinsurance after Deductible	35% Coinsurance after Deductible	50% Coinsurance after Deductible	
Mental Health and Substance Use Disorder Services		You pay		
Outpatient Services	\$35 per visit	\$35 per visit	50% Coinsurance after Deductible	
Inpatient hospital & residential Services	35% Coinsurance after Deductible	35% Coinsurance after Deductible	50% Coinsurance after Deductible	
Alternative Care		You pay		
Acupuncture Services (up to 12 visits per Year)	\$25 per visit	\$25 per visit	40% Coinsurance	
Chiropractic Services (up to 20 visits per Year)	\$25 per visit	\$25 per visit	40% Coinsurance	
Massage Therapy (up to 12 visits per Year)	\$25 per visit	\$25 per visit	40% Coinsurance	
Naturopathic Medicine	\$35	\$35	50% Coinsurance after Deductible	



Vision Services	You pay		
Routine eye exam (Covered until the end of the month in which Member turns 19 years of age.)	\$0	\$0	50% Coinsurance after Deductible
Vision hardware and optical Services (Covered until the end of the month in which Member turns 19 years of age.)	No charge for one pair standard frames and lenses or 6-month supply contact lenses per year.		50% Coinsurance after Deductible
Routine eye exam (For members 19 years and older.)	Not covered	Not covered	Not covered
Vision hardware and optical Services (For members 19 years and older.)	Not covered		

¹ Non-Participating Providers may be subject to balance billing.

Plan is subject to exclusions and limitations. A complete list of the exclusions and limitations is included in the Evidence of Coverage (EOC). Sample EOCs are available upon request, or you may go to **kp.org/plandocuments**.

Questions? Call Member Services (M-F, 8 am-6 pm) or visit kp.org Portland area: 503-813-2000 All other areas: 1-800-813-2000. TTY, all areas: 711. Language Interpretation Services, all areas: 1-800-324-8010

This is not a contract. This condensed summary of benefits does not fully describe your benefit coverage with Kaiser Foundation Health Plan of the Northwest. For more details on benefit coverage, claims review, and adjudication procedures, please see your EOC or call Member Services. In the case of a conflict between this summary and the EOC, the EOC will prevail.



² Refer to your Evidence of Coverage (EOC) for benefits that may not apply to Out-of-Pocket Maximum.