

Summary of Medical Benefits

All plans offered and underwritten by Kaiser Foundation Health Plan of the Northwest. 500 NE Multnomah St., Suite 100, Portland, OR 97232

Member Services: 1-800-813-2000

KP OR Silver 3000/45 w/ Massage

2023 Contract

Calendar year is the time period (Year) in which dollar, day, and visit limits, Deductibles and Out-of-Pocket Maximums accumulate.

Deductible

Self-only Deductible per Year (for a Family of one Member)	\$3,000
Individual Family Member Deductible per Year (for each Member in a Family of two or more Members)	\$3,000
Family Deductible per Year (for an entire Family)	\$6,000

Out-of-Pocket Maximum ¹

Self-only Out-of-Pocket Maximum per Year (for a Family of one Member)	\$8,900
Individual Family Member Out-of-Pocket Maximum per Year (for each Member in a Family of two or more Members)	\$8,900
Family Out-of-Pocket Maximum per Year (for an entire Family)	\$17,800

Office visits

	You pay
Routine preventive physical exam	\$0
Telehealth (phone/video)	\$0
Primary Care	\$45
Specialty Care	\$55
Urgent Care	\$65

Tests (outpatient)

	You pay
Preventive Tests	\$0
Laboratory	\$45 per department visit
X-ray, imaging, and special diagnostic procedures	\$45 per department visit
CT, MRI, PET scans	40% Coinsurance after Deductible

Medications (outpatient)

	You pay
Prescription drugs (up to a 30-day supply)	\$30 generic / \$60 preferred brand / 50% coinsurance non-preferred brand / 50% coinsurance after Deductible specialty
Mail Order Prescription drugs (up to a 90-day supply)	\$60 generic / \$120 preferred brand / 50% Coinsurance non-preferred brand
Administered medications, including injections (all outpatient settings)	40% Coinsurance after Deductible
Nurse treatment room visits to receive injections	\$10

Maternity Care

	You pay
Scheduled prenatal care visits and postpartum visits	\$0
Laboratory	\$45 per department visit
X-ray, imaging, and special diagnostic procedures	\$45 per department visit
Inpatient Hospital Services	40% Coinsurance after Deductible

Hospital Services	You pay
Ambulance Services (per transport)	40% Coinsurance after Deductible
Emergency services	40% Coinsurance after Deductible
Inpatient Hospital Services	40% Coinsurance after Deductible
Outpatient Services (other)	You pay
Outpatient surgery visit	40% Coinsurance after Deductible
Chemotherapy/radiation therapy visit	\$55
Durable medical equipment	40% Coinsurance after Deductible
Physical, speech, and occupational therapies (30 visits combined per Year)	\$55
Skilled Nursing Facility Services	You pay
Inpatient skilled nursing Services (up to 60 days per Year)	40% Coinsurance after Deductible
Mental Health and Substance Use Disorder Services	You pay
Outpatient Services	\$45 per visit
Inpatient hospital & residential Services	40% Coinsurance after Deductible
Alternative Care (self-referred)	You pay
Acupuncture Services (up to 12 visits per Year)	\$25 per visit
Chiropractic Services (up to 20 visits per Year)	\$25 per visit
Massage Therapy (up to 12 visits per Year)	\$25 per visit
Naturopathic Medicine	\$45
Vision Services	You pay
Routine eye exam (Covered until the end of the month in which Member turns 19 years of age.)	\$0
Vision hardware and optical Services (Covered until the end of the month in which Member turns 19 years of age.)	No charge for one pair standard frames and lenses or 6-month supply contact lenses per year.
Routine eye exam (For members 19 years and older.)	Not covered
Vision hardware and optical Services (For members 19 years and older.)	Not covered

¹ Refer to your Evidence of Coverage (EOC) for benefits that may not apply to Out-of-Pocket Maximum.

Plan is subject to exclusions and limitations. A complete list of the exclusions and limitations is included in the Evidence of Coverage (EOC). Sample EOCs are available upon request, or you may go to **kp.org/plandocuments**.

Questions? Call Member Services (M-F, 8 am-6 pm) or visit **kp.org** Portland area: 503-813-2000

All other areas: 1-800-813-2000. TTY, all areas: 711. Language Interpretation Services, all areas: 1-800-324-8010

This is not a contract. This condensed summary of benefits does not fully describe your benefit coverage with Kaiser Foundation Health Plan of the Northwest. For more details on benefit coverage, claims review, and adjudication procedures, please see your EOC or call Member Services. In the case of a conflict between this summary and the EOC, the EOC will prevail.