

# Summary of Medical Benefits

All plans offered and underwritten by Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232

Washington DUAL CHOICE PPO HDHP PLAN F 3500/30%/7000

1/1/2024 - 12/31/2024

## In-Network Providers

## Out-of-Network Providers <sup>1</sup>

Calendar year is the time period (Year) in which dollar, day, and visit limits, Deductibles and Out-of-Pocket Maximums accumulate.

**Deductible** (Embedded Accumulation: If two or more family members are enrolled on the plan, each member must meet their own individual deductible or the combined family must meet the overall family deductible, whichever occurs first. After the deductible is met, you pay the applicable copay/coinsurance for the rest of the year until the out-of-pocket maximum is met.)

Cost Share amounts that count toward the Deductible are shown below. The In-Network Deductible and the Out-of-Network Deductible do not cross accumulate. This means that the amounts you pay for covered Services received from In-Network Providers only count toward the In-Network Deductible, and the amounts you pay for covered Services received from Out-of-Network Providers only count toward the Out-of-Network Deductible.

Self-only Deductible per Year (for a Family of one Member)	\$3,500	\$5,500
Individual Family Member Deductible per Year (for each Member in a Family of two or more Members)	\$3,500	\$5,500
Family Deductible per Year (for an entire Family)	\$7,000	\$16,500

**Out-of-Pocket Maximum <sup>2</sup>** (Embedded Accumulation: If two or more family members are enrolled on the plan, each must meet their own individual out-of-pocket maximum or the combined family must meet the overall family out-of-pocket maximum, whichever occurs first. After the out-of-pocket maximum is met, no copays/coinsurance is required for the rest of the year.)

Self-only Out-of-Pocket Maximum per Year (for a Family of one Member)	\$7,000	\$15,000
Individual Family Member Out-of-Pocket Maximum per Year (for each Member in a Family of two or more Members)	\$7,000	\$15,000
Family Out-of-Pocket Maximum per Year (for an entire Family)	\$14,000	\$30,000

## Office Visits

## You pay

Routine preventive physical exam	\$0	50% Coinsurance after Deductible
Telehealth (phone/video)	\$0 after Deductible	50% Coinsurance after Deductible
Primary Care	40% Coinsurance after Deductible Enhanced Benefit <sup>3</sup> : 30% Coinsurance after Deductible	50% Coinsurance after Deductible
Specialty Care	40% Coinsurance after Deductible Enhanced Benefit <sup>3</sup> : 30% Coinsurance after Deductible	50% Coinsurance after Deductible
Urgent Care	40% Coinsurance after Deductible Enhanced Benefit <sup>3</sup> : 30% Coinsurance after Deductible	50% Coinsurance after Deductible

<b>Tests (outpatient)</b>		<b>You pay</b>
Preventive Tests	\$0	50% Coinsurance after Deductible
Laboratory	30% Coinsurance after Deductible	50% Coinsurance after Deductible
X-ray, imaging, and special diagnostic procedures	30% Coinsurance after Deductible	50% Coinsurance after Deductible
CT, MRI, PET scans	30% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Medications (outpatient)</b>		<b>You pay</b>
Prescription drugs (up to a 30-day supply)	Rider Available for Purchase	
Mail Order Prescription drugs (up to a 90-day supply)		
Administered medications, including injections (all outpatient settings)	30% Coinsurance after Deductible	50% Coinsurance after Deductible
Nurse treatment room visits to receive injections	30% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Maternity Care</b>		<b>You pay</b>
Scheduled prenatal care visits and postpartum visit	\$0	50% Coinsurance after Deductible
Laboratory	30% Coinsurance after Deductible	50% Coinsurance after Deductible
X-ray, imaging, and special diagnostic procedures	30% Coinsurance after Deductible	50% Coinsurance after Deductible
Inpatient Hospital Services	30% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Hospital Services</b>		<b>You pay</b>
Ambulance Services (per transport)	30% Coinsurance after Deductible	
Emergency services	30% Coinsurance after Deductible	
Inpatient Hospital Services	30% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Outpatient Services (other)</b>		<b>You pay</b>
Outpatient surgery visit	30% Coinsurance after Deductible	50% Coinsurance after Deductible
Chemotherapy/radiation therapy visit	40% Coinsurance after Deductible Enhanced Benefit <sup>3</sup> : 30% Coinsurance after Deductible	50% Coinsurance after Deductible
Durable medical equipment	20% Coinsurance after Deductible	50% Coinsurance after Deductible
Physical, speech, and occupational therapies (20 visits per Year)	40% Coinsurance after Deductible Enhanced Benefit <sup>3</sup> : 30% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Skilled Nursing Facility Services</b>		<b>You pay</b>
Inpatient skilled nursing Services (up to 100 days per Year)	30% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Mental Health and Substance Use Disorder Services</b>		<b>You pay</b>
Outpatient Services	40% Coinsurance after Deductible Enhanced Benefit <sup>3</sup> : 30% Coinsurance after Deductible	50% Coinsurance after Deductible
Inpatient hospital & residential Services	30% Coinsurance after Deductible	50% Coinsurance after Deductible

<b>Alternative Care (self-referred)</b>		<b>You pay</b>
Acupuncture Services (up to 12 visits per Year)	30% Coinsurance after Deductible	50% Coinsurance after Deductible
Chiropractic Services (up to 12 visits per Year)	30% Coinsurance after Deductible	50% Coinsurance after Deductible
Massage Therapy	Rider Available for Purchase	
Naturopathic Medicine	30% Coinsurance after Deductible	50% Coinsurance after Deductible

<b>Hearing Instruments (includes hearing aids and bone-anchored hearing devices)</b>	<b>You pay</b>
\$3,000 allowance for each hearing instrument per ear every 36 months	\$0 after meeting \$1,600 of the self-only Deductible or \$3,200 of the individual Family Member or Family Deductible, then any amount by which price exceeds allowance

<b>Vision Services</b>	<b>You pay</b>
Routine eye exam (Covered until the end of the month in which Member turns 19 years of age.)	40% Coinsurance after Deductible Enhanced Benefit <sup>3</sup> : 30% Coinsurance after Deductible
Vision hardware and optical Services (Covered until the end of the month in which Member turns 19 years of age.)	Rider Available for Purchase
Routine eye exam (For members 19 years and older.)	40% Coinsurance after Deductible Enhanced Benefit <sup>3</sup> : 30% Coinsurance after Deductible
Vision hardware and optical Services (For members 19 years and older.)	Rider Available for Purchase

<sup>1</sup> Out-of-network providers may bill you for any charges in excess of the Allowed Amount (balance billing), except where balance billing is prohibited by law. You are protected from balance billing in connection with emergency services and certain services provided at an in-network hospital or ambulatory surgical center. For additional information, visit <https://healthy.kaiserpermanente.org/oregon-washington/support/pay-bills/medical-bills/no-surprises-act>.

<sup>2</sup> Refer to your Evidence of Coverage (EOC) for benefits that may not apply to Out-of-Pocket Maximum.

<sup>3</sup> You pay the lowest Cost Share when you receive certain covered Services from a select group of In-Network Providers. This is called "Enhanced Benefits." Enhanced Benefits are shown in this summary. In-Network Providers who offer Enhanced Benefits are identified with an asterisk (\*) in the provider directory. Visit [kp.org/dualchoice/nw](https://kp.org/dualchoice/nw) for a searchable provider directory.

Plan is subject to exclusions and limitations. A complete list of the exclusions and limitations is included in the Evidence of Coverage (EOC). Sample EOCs are available upon request, or you may go to [kp.org/plandocuments](https://kp.org/plandocuments).

**Questions? Call Customer Service** at 1-866-616-0047 (M-F, 8 am-6 pm) or visit [kp.org](https://kp.org).

TTY, all areas: 711. Language Interpretation Services, all areas: 1-800-324-8010

This is not a contract. This condensed summary of benefits does not fully describe your benefit coverage with Kaiser Foundation Health Plan of the Northwest. For more details on benefit coverage, claims review, and adjudication procedures, please see your EOC or call Customer Service. In the case of a conflict between this summary and the EOC, the EOC will prevail.