

Keeping your employees safe, healthy, and productive



Boost your overall workforce health strategy

Strong workplace wellness programs can help prevent work-related illnesses and injuries. But there's more you can do to protect your business and your bottom line. By choosing Kaiser Permanente On-the-Job™ as your occupational health and safety partner, you can greatly reduce costs for injury care and improve productivity.

Employer average
cost per workplace
injury claim in
California, 2019²

\$68K

Significant savings with Kaiser Permanente On-the-Job

Our occupational health program is proven to help greatly reduce injury care costs and improve productivity. According to one study, a major national retailer experienced:¹

41% lower total
costs per claim

59% lower average
pharmacy costs per claim

42% lower medical costs for
low-back injuries per claim

45% lower direct
medical costs per claim

64% fewer claims
involving litigation

73% lower costs for shoulder
and upper arm injuries per claim



Experience drives better results

Occupational health isn't new to us. Preventive care and employee health and safety have been part of our mission of total health for nearly 70 years. From our start as a health plan for workers during World War II, we've supported occupational health programs and services – giving you and your employees the peace of mind that comes from teaming with a health care partner who's invested in your business.

Our occupational health centers are staffed by a skilled multidisciplinary team of caregivers who work within our integrated health plan:

- **Supervising physicians** are either board-certified or board-eligible in occupational medicine or a related specialty.
- **Occupational medicine physicians, nurses, care coordinators, and physical therapists** specialize in the unique challenges of work-related injuries.
- **A case manager or coordinator** works on-site at every center to support you, your employees, and any medical or insurance providers.

A better approach to occupational health

- **Cost savings** – Employers experience significantly lower costs with Kaiser Permanente On-the-Job.³
- **Services available to all employees** – Your entire workforce, not just the Kaiser Permanente members, can access our occupational health services.
- **Multiple locations** – We have occupational health clinics in California, Hawaii, Oregon, and Washington state.
- **One-stop convenience** – Nearly all of our centers are located in or near Kaiser Permanente facilities, offering convenient access to specialists, pharmacy, X-ray, physical therapy, and more under one roof.
- **Fully connected care** – Caregivers have real-time access to the same electronic medical record,⁴ allowing them to see your employees' health history and make quick, well-informed decisions that improve outcomes.

Comprehensive support at every step

When our occupational health teams examine and treat your employees, they also prepare and send all of the appropriate paperwork to you and your workers' compensation claims administrator. Throughout treatment, you'll receive timely, accurate reports on work status. And we'll work closely with you to help your employees return to work safely.

The high cost of poor health

Chronic conditions such as heart disease and high blood pressure account for 90% of the nation's health care costs.⁵ Unhealthy lifestyles, such as lack of exercise and poor eating habits, can increase the risk of many of these conditions. In the workplace, chronic conditions can lead to lower employee engagement, more sick days, and increased workers' compensation costs.

Additional annual costs per employee include:

High blood pressure ⁶	\$2,000
Smoking ⁷	\$2,056
Obesity ⁸	\$4,237
Depression ⁹	\$9,450
Diabetes ¹⁰	\$9,600

Two ways to protect the total health of your business

1 Workers' compensation care for injuries or illnesses

All of your employees – even those who aren't Kaiser Permanente members – can get treatment for work-related injuries and illnesses through Kaiser Permanente On-the-Job. Many of our occupational health centers are located at Kaiser Permanente hospitals, so it's easy for your employees to take care of their health needs in one trip. Our centers provide:

- **Specialized care** for work-related injuries
- **Urgent and after-hours care** available 24 hours a day, every day of the year at many locations
- **Care over the phone,¹¹ by video,¹² and online** – all connected to our electronic health record
- **Coordinated clinical services**, including physical therapy, radiology, specialty care, and pharmacy

More than 100,000 workers receive treatment at Kaiser Permanente On-the-Job centers each year.

2 Occupational health and safety services

To protect the long-term health of your employees, you can get help complying with state and federal worksite regulations, as well as identifying and preventing future health concerns with:

Medical evaluations

- Preplacement/post-offer examinations
- Department of Transportation and Department of Motor Vehicles examinations¹³
- Respiratory clearance
- Asbestos evaluations
- Lead surveillance
- Hazardous waste worker evaluations
- Fire and police examinations
- Hearing conservation
- Silica evaluations

Drug/alcohol testing

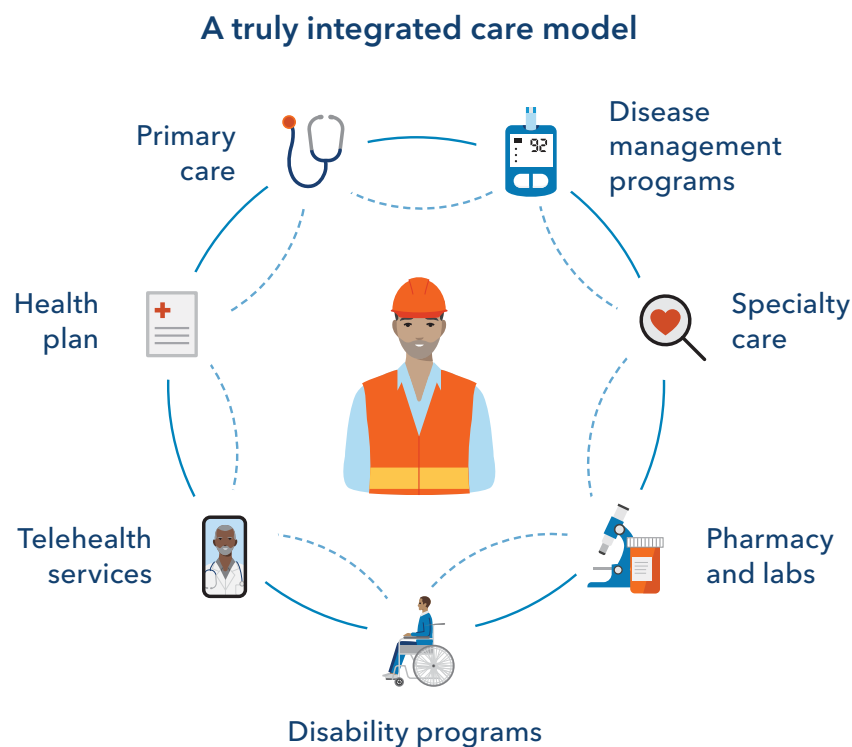
- Urine specimen collection
- Breath alcohol testing¹⁴

Immunizations

- Hepatitis A and B
- Tetanus/diphtheria/pertussis

Better outcomes through coordinated care

With Kaiser Permanente On-the-Job as part of your health care strategy, you benefit from our coordinated approach to care. Your employees get care from care teams connected to the same electronic health record – not disconnected third-party providers. And because we're fully integrated, our doctors, hospitals, and health plan can easily share information to help ensure your employees get the care they need.



More services under one roof

Many of our occupational health centers are located at our medical facilities. Your employees can save time and money by getting more care in fewer trips – for example, physical therapy, lab tests, and prescriptions.

A complete picture of employee health

With our industry-leading electronic health record system, our caregivers can see and update your employees' entire health history, including allergies, past treatment decisions, most lab results, and more. With access to the full picture, it's easier to:

- Make better, more informed decisions
- Avoid duplicate prescriptions and possible drug complications
- Prevent gaps in care and protect long-term health

Where to find Kaiser Permanente On-the-Job

Your employees can access care for work-related injury and illness at many of our dedicated occupational health centers.

Northern California



Map not to scale



Map not to scale

▲ Dedicated Occupational Health Center

New locations are added frequently. Check with your account manager for the latest information.

For more information about occupational health and safety services, visit kp.org/occupational-health or call .

Southern California

Los Angeles



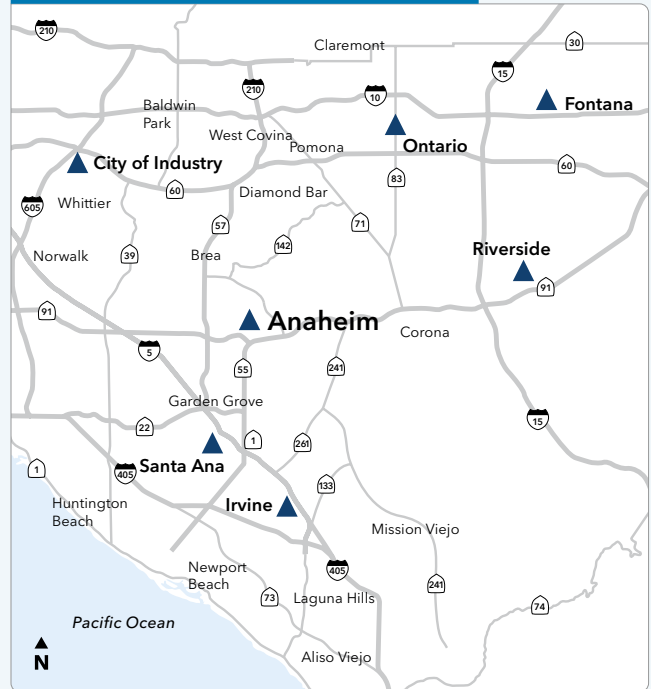
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Orange County/Inland Empire



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San Diego



Map not to scale

Hawaii



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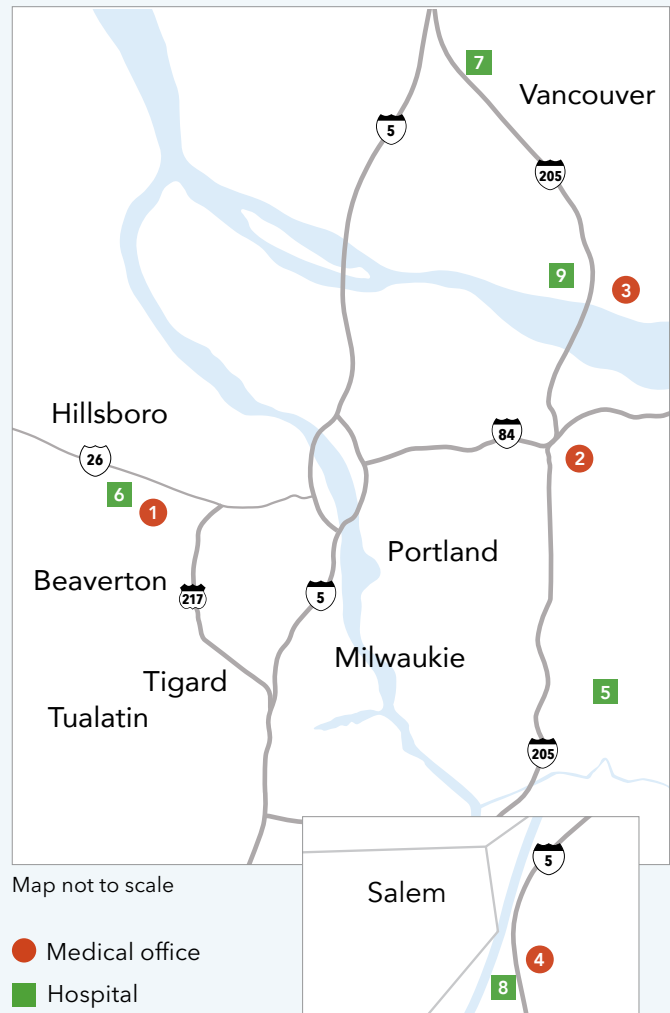
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Northwest

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|--|---|
| <p>1 Kaiser Permanente On-the-Job Beaverton
(Tanasbourne Professional Center)
17885 NW Evergreen Pkwy., 2nd Fl.
Beaverton, OR 97006</p> | <p>5 Kaiser Permanente Sunnyside Medical Center
10180 SE Sunnyside Rd.
Clackamas, OR 97015</p> |
| <p>2 Kaiser Permanente On-the-Job Portland
(San Rafael Shopping Center)
1620 NE 122nd Ave.
Portland, OR 97230</p> | <p>6 Kaiser Permanente Westside Medical Center
2875 NW Stucki Ave.
Hillsboro, OR 97124</p> |
| <p>3 Kaiser Permanente On-the-Job Vancouver
(Columbia Tech Center)
17700 SE Mill Plain Blvd., Ste. 190
Vancouver, WA 98683</p> | <p>7 Legacy Salmon Creek Medical Center
(for emergencies and obstetrics)
2211 NE 139th St.
Vancouver, WA 98686</p> |
| <p>4 North Lancaster Medical Office
2400 Lancaster Dr. NE
Salem, OR 97305
Urgent care on-site</p> | <p>8 Salem Hospital
890 Oak St. SE
Salem, OR 97301</p> |
| | <p>9 PeaceHealth Southwest Medical Center
400 NE Mother Joseph Pl.
Vancouver, WA 98664</p> |



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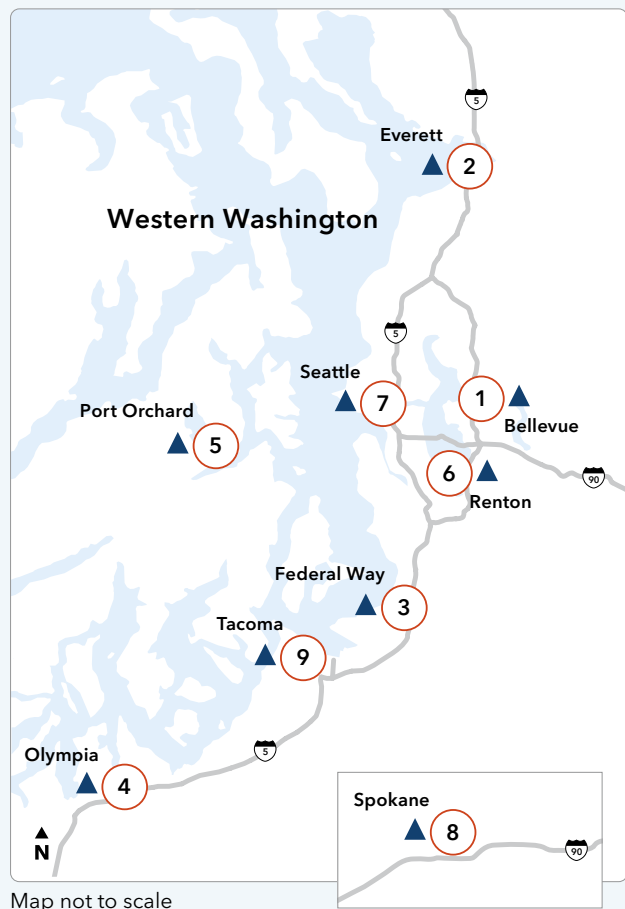
Washington

There are 2 options for visiting our clinics:

1. Schedule an appointment with Occupational Health at 1-866-967-9675, option 2
2. A walk-in visit by going to either a walk-in clinic or urgent care clinic.

For more information, call 1-866-967-9675, option 1.

- | | |
|---|---|
| 1 Bellevue Medical Center
11511 NE 10th St.
Bellevue, WA 98004
Urgent care on-site 24/7 | 6 Renton Medical Center
275 Bronson Way NE
Renton, WA 98056 |
| 2 Everett Medical Center
2930 Maple St. Everett, WA 98201
Walk-in clinic on-site | 7 Seattle: Capitol Hill Campus
201 16th Ave. E.
Seattle, WA 98112
Urgent care on-site 24/7 |
| 3 Federal Way Medical Center
301 S. 320th St.
Federal Way, WA 98003 | 8 Spokane: Riverfront Medical Center
322 W. North River Drive
Spokane, WA 99201
Walk-in clinic on-site |
| 4 Olympia Medical Center
700 Lilly Road NE
Olympia, WA 98506
Urgent care on-site 24/7 | 9 Tacoma Medical Center
209 Martin Luther King Jr. Way
Tacoma, WA 98405
Urgent care on-site 24/7 |
| 5 Port Orchard Medical Center
1400 Pottery Ave.
Port Orchard, WA 98366
Urgent care on-site 24/7 at Silverdale Medical Center | |



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1. "Macy's Workers' Compensation Claim Costs in California," MedMetrics, 2016. From July 1, 2012, to June 30, 2015, MedMetrics compared care provided by Kaiser Permanente On-the-Job® health centers and physicians with the care offered by other programs used by California employees of Macy's Inc. 2. Workers' Compensation Insurance Rating Bureau of California, March 2020. 3. See note 1. 4. Sometimes referred to as the health record number in some regions. 5. "Health and Economic Costs of Chronic Diseases," CDC.gov, October 23, 2019. 6. Elizabeth B. Kirkland et al., "Trends in Healthcare Expenditures Among US Adults With Hypertension: National Estimates, 2003-2014," *Journal of the American Heart Association*, May 30, 2018. 7. Steve Aldana, "This Is the Impact of Your Employee Wellness on Health Care Costs," wellsteps.com, January 2020. 8. Karen Van Nuys, "The Association Between Employee Obesity and Employer Costs: Evidence From a Panel of U.S. Employers," *American Journal of Health Promotion*, May/June 2014. 9. "Mental Health: A Workforce Crisis," American Heart Association, 2018. 10. American Diabetes Association, "Economic Costs of Diabetes in the U.S. in 2017," *Diabetes Care*, March 2018. 11. When appropriate and available. 12. See note 11. 13. In 2014, the U.S. Department of Transportation's Federal Motor Carrier Safety Administration (FMCSA) established a registry of certified medical examiners. Only those medical examiners in the registry are allowed to conduct physical examinations for interstate commercial motor vehicle drivers. All Kaiser On-the-Job medical examiners are certified by the FMCSA. 14. Alcohol screening tests not available in Hawaii.