Occupational Health Service Center

Call our Occupational Health Service Center at **1-888-414-3531** on weekdays from 8 a.m. to 5 p.m. to schedule an appointment.

We can also help:

- Clarify return-to-work status, work restrictions, and modifications
- Provide medical advice
- Take messages for the occupational medicine providers, employers, and patients who are in treatment



Kaiser Permanente On-the-Job locations

Our occupational health teams operate out of 4 Kaiser Permanente locations, 1 of which offers urgent care services. Each location features specially trained providers who are board-certified by the American College of Occupational and Environmental Medicine.

Kaiser Permanente On-the-Job Beaverton

Tanasbourne Occupational Health Clinic 17885 NW Evergreen Pkwy., Ste. 220 Beaverton, OR 97006

Kaiser Permanente On-the-Job Portland San Rafael Occupational Health Clinic

1620 NE 122nd Ave. Portland, OR 97230

Kaiser Permanente On-the-Job Vancouver

Columbia Tech Occupational Health Clinic 17700 SE Mill Plain Blvd., Ste. 190 Vancouver, WA 98683

Kaiser Permanente North Lancaster Medical Office

2400 Lancaster Dr. NE Salem, OR 97305

Urgent care on-site

- Weekdays, 9 a.m. to 9 p.m.
- Weekends and holidays, 9 a.m. to 6 p.m.



Kaiser Permanente On-the-Job WHAT TO DO FOR WORK-RELATED ILLNESS OR INJURY

OREGON AND SOUTHWEST WASHINGTON

kp.org/kpoj/nw

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Kaiser Permanente On-the-Job[™]

The experts in occupational health

We started out caring for workers building Washington's Grand Coulee Dam in the 1930s. For more than 80 years, we've helped workers get back on their feet so they could earn a living for themselves and their families.



What to do when you need care

• Care during business hours Contact the Occupational Health Service Center to schedule appointments during normal business hours. We can direct you to the nearest Kaiser Permanente On-the-Job location.

Hours: weekdays, 8 a.m.–5 p.m.

1-888-414-3531 (toll free)

711 (TTY)

• After-hours care After 5 p.m. and on weekends and holidays, call:

1-800-813-2000

711 (TTY)

• In a medical emergency Call 911 or go to the nearest hospital emergency department.

All workers welcome

You don't need one of our health plans to get medical care through Kaiser Permanente On-the-Job. We can treat anyone for work-related injuries or illness. Just let the receptionist know that you need care for a work-related condition. (If you're not sure whether the condition is work-related, tell us that, too.)

If you are a member, we'll already have your medical history on file.

Paperwork and billing

If your condition is determined to be workrelated, we'll help you fill out the proper medical claim forms.

You'll also need to report the injury or illness to your employer. Your employer will have you fill out a workers' compensation claim form.

We'll send any bills directly to your employer's workers' compensation insurance. You and your employer will get copies of bills for your information.

Treatment and rehabilitation

Kaiser Permanente On-the-Job is more than first aid. We're equipped to provide all the care you need to get back to work. We'll devise a treatment plan. We have doctors who specialize in all fields of medicine, including surgery. We have our own X-ray departments, laboratories, physical therapists, and pharmacies. Often, you'll find all the services you need at a single medical office. That means no driving from appointment to appointment to get treatment.

After each visit, you'll receive a summary that includes your work status. It will explain whether you're unable to work, able to return to work on a limited-duty basis, or able to return to work on fullduty status.

Our goal is the same as yours: to help you return to work as soon as medically appropriate.

We'll keep you informed

Peace of mind is an important part of getting better. Feel free to ask your doctor, therapist, or any other care provider about your treatment at any time.

We're also happy to answer questions about work status and work restrictions. Call us at 1-888-414-3531 (toll free).