# The value of integrated chronic condition management

Chronic conditions can have a significant impact on employees' quality of life and are a primary driver of health care costs. And since a small business depends so heavily on each individual employee, the effects of illness and absenteeism can be great. That's why our award-winning¹ disease management program is designed to help manage the cost and care of your employees – all while keeping them engaged in the long run.

MEMBER



# Integrated care and coverage

Thanks to our industry-leading electronic health record system, we're able to detect, manage, and treat chronic conditions in ways other providers can't match. It's a fully integrated, personalized record system that puts our members at the center of everything we do, and which for your enrolled employees can help lead to fewer sick days and maintain productivity.



## **Focused on prevention**

Members with or at risk for chronic conditions are automatically enrolled in condition management programs<sup>2</sup> – allowing problems to be caught early when they're typically easier and safer to treat. Plus, members have convenient access to educational resources and online tools to help stay on top of ongoing care.



### Connected teams

All Kaiser Permanente caregivers use the same electronic health record system, so it's easy to communicate and work together. When everyone's connected – and can see a patient's entire medical history – it helps us provide the right care, instead of more care.



### **Data-driven outcomes**

With the power of an evolving disease registry and research bank, our doctors can stay up to date on the latest in chronic condition prevention, diagnosis, treatment, and management. And because we pull data directly from our electronic health record system, we can efficiently apply clinical best practices to improve our care.

Note: Availability of services varies by region.

<sup>1&</sup>quot;Building Healthier Communities: Kaiser Permanente Southern California," Alliance of Community Health Plans, October 22, 2012.

<sup>&</sup>lt;sup>2</sup>Kaiser Permanente also offers health education counseling, programs, and materials that are not covered, and you may be required to pay a fee.

Employees can	get care	for a wide	range	of ch	ronic	conditions.	Our	disease	manage	ment
programs include	de:									

- Asthma
- Cancer
- Chronic kidney disease
- Chronic pain management
- Coronary artery disease
- Depression

- Diabetes
- Heart disease
- HIV/AIDS
- Hypertension
- Osteoporosis
- Weight management

To learn more about chronic		
condition management contact:		

Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 • Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc., 320 Westlake Ave. N., Suite 100, Seattle, WA 98109





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