Kaiser Permanente Medicare health plans

Medicare health plans to help you thrive

Your Medicare overview from Kaiser Permanente

Your life is like no other.

H1170_023_06_M

KAISER PERMANENTE®

Get care and coverage designed to help make your life easier

The right choice for Medicare starts with understanding your options

2



With Kaiser Permanente, you get quality care and coverage together.

Your doctors and care team coordinate seamlessly to help keep you healthy. Innovative tools connect you to care whenever you need it. And your personalized treatment plan reflects what's best for you and your unique needs.

Whether you're enrolling in
Medicare for the first time or
shopping for a new plan to
better meet your needs, we
can help you make a confident,
informed decision.

Here, you'll find valuable information to help you choose the right Medicare coverage. In this booklet, we'll explain the different parts of Medicare, how much they could cost, and how you can sign up. You'll also see how Kaiser Permanente can help you enjoy life to the fullest with care and coverage in one easyto-use package.

Contents

Medicare: An overview

2.....Understanding Parts A, B, C, and D 2.....Helpful resources 4.....Part A **6**.....Part B 8.....Part C 10...Part D

14 Kaiser Permanente HMO Medicare health plan

16...Convenient ways to get what you need **18**...Prescription drug coverage **19**...Making the most of your membership

20 Convenient locations nationwide **22**...Convenient locations 23...Hospitals and urgent care

34 Specialties

36 Senior Advantage Care Plus (HMO-POS) **36**...Out-of-network benefits

38 Senior Advantage Liberty (HMO) **39**...Senior Advantage Liberty

40 Added Features **41**...Senior Advantage (HMO) plans **46** ...Advantage Plus

48 Ready to get started? 48...Convenient ways to get care **50**...Getting Started 52...Pharmacy

Medicare: An overview

Understanding Parts A, B, C, and D

Medicare is a federal health insurance program that provides health care coverage to millions of Americans. It's part of Social Security and designed to protect the health and wellbeing of those who use it.

There are 4 parts to Medicare: A, B, C, and D. Each part covers specific services, from medical care to prescription drugs. In the following section, you can read about each part to better understand what coverage best fits your needs.

Helpful resources

We want you to understand your choices and options. If you have questions, here are some helpful resources:

Medicare

Call 1-800-633-4227 24 hours a day, 7 days a week TTY users, call 1-877-486-2048 Visit Medicare.gov¹

Social Security

Call 1-800-772-1213 8 a.m. to 7 p.m., Monday through Friday TTY users, call **1-800-325-0778** Visit SocialSecurity.gov¹



Your energy is like no other.

Part A

Hospital coverage

Medicare Part A is offered by the federal government to help you pay for your inpatient care (care you get when you stay in a medical facility).

What it covers

Part A covers inpatient care if you meet certain conditions and get the care in Medicare-certified hospitals and other facilities. It includes:

- Inpatient care you get at hospitals and rehabilitation facilities
- Inpatient hospital stays in skilled nursing facilities (not custodial or long-term care)
- Hospice care services
- Home health care services
- Inpatient care in religious, nonmedical health care institutions

How much does it cost?

You typically won't have to pay a premium for Part A, but there are exceptions. If you do have to pay a premium, you may be able to get help from the state to pay for it.

How do I know if I'm eligible for Part A?

If you're 65 or older, you can get Part A without paying a premium if:

- You get retirement benefits from Social Security or the Railroad Retirement Board (RRB)
- You're eligible to get Social Security or RRB benefits but haven't yet filed for them
- You or your spouse worked for at least 10 years and paid Medicare taxes

If you're younger than 65, you can get Part A without paying a premium if:

- You've had Social Security or RRB disability benefits for 24 months
- You have end-stage renal disease and meet certain requirements

If you don't meet any of those conditions, you may be able to buy Part A if:

- You meet citizenship and residency requirements
- You're 65 or older, and you didn't work or didn't pay enough Medicare taxes while you worked
- You're disabled and have returned to work

If you already get benefits from Social Security or the RRB, your Medicare Part A coverage will automatically start as soon as you qualify.

If you aren't getting Social Security benefits (for example, if you're still working), you may need to sign up for Part A, even if you're eligible to get Part A at no cost.

How do I know if I have Part A?

To see if you have Part A coverage, look for "HOSPITAL (PART A)" printed on your red, white, and blue Medicare card.

How do I enroll?

To learn more and enroll, call Social Security at **1-800-772-1213** (TTY **1-800-325-0778**), 8 a.m. to 7 p.m., Monday through Friday, or visit **SocialSecurity.gov**.¹



Part A

What to know

Part A provides coverage for hospital services, including skilled nursing and hospice care. If you meet the qualifications, you can get Part A without paying a premium. You must have Parts A and B to get Part C.

Part B

Medical coverage

Medicare Part B is coverage from the federal government to help you pay for some medical services that aren't covered by Part A.

What it covers

Part B covers a range of outpatient services, including:

- Doctor's office visits
- Specialist visits
- Preventive care, such as flu shots and mammograms
- Lab costs, such as blood work and X-rays
- Medical equipment, such as wheelchairs and walkers
- Physical therapy
- Mental health care
- Ambulance services
- Annual wellness visits

How much does it cost?

Most people pay a monthly premium for Part B, usually deducted from their Social Security checks. Premiums are set each year by the Centers for Medicare & Medicaid Services (CMS). Your yearly income, whether high or low, affects how much you'll have to pay.

2023 Part B premium and deductible:

Average monthly premium = \$164.90 Average yearly deductible = \$226.00

If your yearly income is higher than \$97,000 (\$194,000 per couple), you might have a higher premium.

Note:

The above dollar amounts are for 2023 and may change in 2024.

How do I know if I'm eligible for Part B?

If you're 65 or older, you can buy Part B coverage from the federal government. If you already get benefits from Social Security or the RRB, you may be automatically enrolled in Part B. You may also be eligible for Part B if you have certain disabilities, including endstage renal disease. In most cases, if you get Part A coverage, you must also sign up for Part B coverage during your initial enrollment period or your special enrollment period. If you don't, you may have to pay a late enrollment penalty for as long as you have coverage. This could mean an increase of your monthly premium.

What to know

If you want coverage for outpatient services, like doctor's office visits, and you meet the qualifications, you can sign up for Part B. In most cases, if you sign up for Part A, you must also sign up for Part B when you're first eligible. If you don't, you may have to pay a late enrollment penalty for as long as you have coverage. However, you can take Part A and defer Part B if you continue to work.

Part B

How do I know if I have Part B?

To see if you have Part B coverage, look for "MEDICAL (PART B)" printed on your red, white, and blue Medicare card.

How do I enroll?

To learn more and enroll, call Social Security at **1-800-772-1213** (TTY 1-800-325-0778), 8 a.m. to 7 p.m., Monday through Friday, or visit SocialSecurity.gov.¹

Part C

Medicare Advantage

Original Medicare (Parts A and B) doesn't cover all medical costs. You can buy more coverage through private health plans to help cover extra costs.

These Medicare-approved private health plans - called Part C or Medicare Advantage plans – include both Part A and Part B coverage, plus additional benefits. Medicare pays an amount for your coverage each month to these private health plans.

What it covers

In addition to services covered by Parts A and B, Medicare Advantage plans may also cover:

- Emergency and urgent care
- Vision services
- Hearing services
- Dental services

What to know

- Health and wellness programs
- Medicare Part D prescription drug coverage

If you want coverage that includes more

than what's in Parts A and B, like vision

or dental services or prescription drugs,

consider Medicare Advantage (Part C).

Medicare Advantage HMO plans:

As with Original Medicare, with Medicare Advantage HMO plans, you'll usually use network providers for your care. By getting care in a coordinated network, you'll likely have predictable copays and out-of-pocket expenses. If you go to a non-network provider, you'll probably have to cover the cost.²



How much does it cost?

What you pay for coverage depends on:

- If the plan charges a monthly premium in addition to your Part B premium
- If the plan pays any of your monthly Part B premium
- If you have a Part D late enrollment penalty
- Your yearly deductible
- Your copays and coinsurance
- If you have a Part B late enrollment penalty
- The types of services you need
- Whether the plan includes a limit on out-of-pocket costs

Medicare Supplement Insurance plans

If you choose Original Medicare, you can purchase Medicare Supplement Insurance plans - also called Medigap plans - to help you pay for care not covered by Parts A and B. Unlike Medicare Advantage, these plans offer limited coverage and don't include prescription drug coverage. You'd pay the Part B premium, a monthly health plan premium, and any coinsurance and deductibles for out-of-network care. Plus, you will need to find a Part D plan and may pay a premium for that too.

How do I know if I'm eligible for **Part C (Medicare Advantage)?**

How do I enroll?

Sign up directly with the plan of your choice. For information on our Kaiser Permanente Medicare health plan, visit **kp.org/medicare**.

Part C

In most cases, you can join a Medicare Advantage plan if:

- You have Original Medicare (Parts A and B)
- You live in the plan's service area
- You enroll when the plan is accepting new members

Part D

Prescription drug coverage

Part D is an optional plan offered by Medicare-approved private companies and covers some of the costs for prescription drugs* You can sign up for a Part D plan if you have Part A, Part B, or both.

What it covers

Medications covered by your Part D plan vary based on the plan's formulary. A formulary is a list of medications covered by a plan and approved by CMS.

You may be able to request coverage for a Part D drug that's not covered on the plan's formulary.

All Part D prescription drug plans, including Medicare Advantage plans that offer Part D, must provide coverage that's equal to or better than the standard Part D benefits.

These plans can enhance coverage by:

- Lowering deductibles
- Offering a different but equal share of the cost as the standard benefit, or improving your share of the cost
- Covering certain drugs that fall into the coverage gap

How much does it cost?

Your Part D costs depend on which plan you choose.

Standard Part D costs include:

- Monthly premium The amount you pay for your Part D coverage. This varies by plan.
- Yearly deductible The amount you pay for your prescriptions before your plan starts to pay its share. Once you reach your deductible, you'll pay only your copay or coinsurance. Not all Part D plans have a deductible.
- Copays and coinsurance The amount you pay for covered drugs after your plan pays its share. This varies depending on your plan benefits.

Your costs depend on the coverage stage you're in

When you meet certain dollar limits on Part D drug expenses, you'll move through the Part D coverage stages and pay different copays and coinsurance.

- Initial coverage stage You pay the copays and coinsurance set by your plan after your plan pays its share.
 Once you reach a certain dollar limit, you move to the coverage gap stage.
- Coverage gap stage³ You pay more for your drugs. Most Medicare health plans with Part D coverage have a coverage gap. This means that after you and your plan have spent a certain amount in drug costs, then you have to pay more for your drugs while you are "in the gap." The amount you must pay varies by plan. Once you reach a certain dollar limit, you move to the catastrophic coverage stage.
- Catastrophic coverage stage You usually pay a smaller share of the cost, which applies for the rest of the year. Most people never reach this stage.

What to know

If you have Medicare Parts A and B through Original Medicare and want prescription drug coverage, consider Part D or a Medicare Advantage with Part D coverage. Like Part B, Part D has a late enrollment penalty.



Part D



Generic drugs can save you money

As you look at formularies, you'll often see listings for generic and costlier brandname prescription drugs.

Generic drugs are required by the Food and Drug Administration to match brand-name drugs in:

- Ingredients
- Quality
- Safety
- Strength
- Performance

You can keep your costs down by asking your doctor to prescribe you generic medications.

And keep an eye on your formulary – new generic drugs are regularly added.

Getting financial help

If you're on a limited income, you may qualify for Extra Help, which could help you pay part or all of the costs of Part D premiums, deductibles, and your share of prescription drug costs. If you think you might qualify, contact Social Security at 1-800-772-1213 (TTY 1-800-325-0778), 8 a.m. to 7 p.m., Monday through Friday, or visit SocialSecurity.gov.¹

How do I know if I'm eligible for Part D?

You're eligible for Part D if you have Medicare Part A or Part B. If you decide not to sign up during your first enrollment period, you may have to pay a late enrollment penalty, which is 1% of your monthly premium for every month you delayed your enrollment.



How do I enroll?

There are 2 ways to get Medicare Part D prescription drug coverage: Join a Part C plan (a Medicare Advantage or Medicare Cost plan) or a Medicare prescription drug plan.

You can sign up directly with a plan of your choice, or contact Medicare at **1-800-633-4227** (TTY **1-877-486-2048**), 24 hours a day, 7 days a week, or visit Medicare.gov.¹

Before you join, please note:

- You can only join, change, or drop Part D plans during certain times of the year or under certain special circumstances
- You can only have one Part D plan at a time
- If you have a Medicare Advantage plan with Part D coverage, joining a Medicare prescription drug plan could make you lose your Medicare Advantage plan

Your needs are like no other.





Get more with a Kaiser Permanente HMO Medicare health plan



Your drive is like no other.



Our Medicare health plan is here to help you thrive

Why choose Kaiser Permanente?

The high-quality care you deserve. The predictable costs you need. The doctor choice you want. With a Kaiser Permanente Medicare health plan, you'll get benefits that support your goals and help you thrive. Plus, many of our plans include prescription drug coverage, so you can enjoy the convenience of all-in-one coverage in a single plan.⁴

Learn more about the better benefits we offer to help you get care that best fits your life.

For more information on our Kaiser Permanente Medicare health plan, visit **kp.org/medicare**.

Industry-leading clinical quality

We're known for catching problems early with preventive care. But if your health needs serious attention, our industry-leading specialty care has you covered.

In 2022, Kaiser Permanente led the nation as the top performer in 43 effectiveness-of-care measures. The closest national competitor led in only 22.5

Specialty care when you need it

No matter your needs – mental health, maternity, cancer care, heart health, or another specialty – you'll have access to great doctors, advanced technology, and evidencebased care to help you recover quickly.

A comprehensive approach to care

With one of the largest multispecialty medical groups in the country, we can connect you with the right specialist who will create a personalized plan for your care. To learn how our specialists work together in a connected system, visit **kp.org/specialtycare**.

Support for ongoing conditions

If you have a condition like diabetes or heart disease, you're automatically enrolled in a disease management program for personal coaching and support. With a well-rounded approach backed by proven best practices and advanced technology, we'll help you get the care you need to continue living life to the fullest.



Convenient ways to get what you need

You've got more ways to get quality care than ever before, so it's easier to stay on top of your health.



Video or phone appointment

Schedule a face-to-face video visit or phone appointment with a Kaiser Permanente care team and any specialists you've been referred to.⁶



In-person care

We offer same-day, next-day, after-hours, and weekend services at many of our locations.⁷



Email

Message your Kaiser Permanente doctor's office with nonurgent questions and get a reply usually within 2 business days.



Prescription delivery

Use the Kaiser Permanente app to fill prescriptions for delivery or same-day pickup.⁸



24/7 advice

Get on-demand support with 24/7 care advice by phone.



الرقيا

E-visit

Use our online symptom checker for certain conditions and get personalized care advice within a few hours.

Care away from home



not in a Kaiser Permanente area, get urgent care from any provider, including MinuteClinic[®] locations (in select CVS and Target stores) or Concentra[®] urgent care centers. Call the Away from Home Travel Line at 951-268-3900⁹ or visit kp.org/travel for more.



Telehealth has been part of how we deliver care for years, making it easy for our members to connect virtually to care during the pandemic. Our members had 15 million more telehealth care encounters in 2020 than in 2019.¹¹



Personalized care that fits your life

You can feel confident about the care you get with a Kaiser Permanente Medicare health plan.



Consistent costs for quality care

With a Kaiser Permanente Medicare health plan, you pay predictable copays and coinsurance, and no additional costs for preventive services like your yearly checkup, mammograms, prostate exams, flu shots, and cholesterol tests.

Better care with a connected team



Your doctor, nurses, and other specialists work together to keep you healthy. They're connected to each other, and to you, through your electronic health record.¹² So they know important things about you and your health – like when you're due for a screening and what medications you're taking. A connected care team helps ensure nothing gets missed or forgotten, so you can stay on track.

Choose your Kaiser Permanente doctor – and change to another available Kaiser Permanente doctor anytime



All of our available doctors welcome Kaiser Permanente Medicare health plan members. Read profiles online so you can select your personal doctor based on what's important to you - education, languages spoken, specialties, and more. Plus, you have the freedom to switch to another available Kaiser Permanente doctor at any time.

If you're already a member and are joining our Medicare health plan, you can stay with the health care team you know and trust.

Quality care with you at the center



Preventive care can help keep you healthy, but we're also here if you get sick or need specialty care. Your primary doctor can refer you to a full range of specialists, including cardiologists, orthopedists, audiologists, and more. Our doctors are highly trained and experienced and come from renowned medical schools. More importantly, they're passionate about delivering high-guality care.

Prescription drug coverage

Benefit

With most of our plans, you'll also get the Kaiser Permanente Medicare prescription drug benefit, which is our Medicare Part D prescription drug coverage. Plus, with our Employer Sponsored Group Medicare plans, there is no coverage gap.⁵

What's covered

Our plans that include Part D prescription drug coverage have an approved list of drugs (the formulary) to make sure you get the most effective and safe prescription medications available. The formulary is carefully chosen with a team of our health care providers to help manage your prescription drug costs.

Plans don't cover:

- Drugs for cosmetic uses
- Drugs for weight loss or sexual dysfunction
- Drugs that Medicare won't cover

Ordering prescriptions

As a member, you can review your medications and request most refills online or on our mobile app. Then choose whether you want to have it ready for pickup at an in-network pharmacy or have your refill mailed to you at no extra charge. If you choose mail order, you can track your order online.



Save time and money with mail order

Get your prescriptions delivered to your front door. For most drugs, you can get a 3-month supply for just 2 copays when you use our mail-order pharmacy.¹³

Manage your prescriptions online

On our member website, you'll also be able to see your prescription and claim history, and you'll find a link to look up pricing information and find pharmacies in your network.

For drug costs, please check your summary of benefits or *Evidence of Coverage*.

Making the most of your membership

Good health goes beyond the doctor's offi ce. Find your healthy place by exploring some of the convenient features and extras available to members.¹³ Many of these resources are available at no additional cost.

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Acupuncture, massage therapy, chiropractic care Enjoy reduced rates on services to help you stay healthy.

Connect to better health with online programs to help you lose weight, quit smoking, reduce stress, and more.

Extras for your total health

Calm

Members can use meditation and mindfulness to build mental resilience, reduce stress, and improve sleep.

Classpass

Choose from thousands of on-demand workout videos and get reduced rates on livestream and in-person classes.





Healthy lifestyle programs

Wellness coaching

Get help reaching your health goals by working one-on-one with a wellness coach by phone.

my Strength

Members can set mental health goals, track progress, and get support managing depression, anxiety, and more.

ginger

Text one-on-one with an emotional support coach anytime, anywhere.

Convenient locations nationwide

You can find Kaiser Permanente medical facilities, doctors' offices, labs, pharmacies, and other health care services throughout the country:



We're here to help

To learn more about the advantages of enrolling in a Kaiser Permanente Medicare health plan, call a Kaiser Permanente Medicare specialist at 1-866-680-1523 (TTY 711), 8 a.m. to 8 p.m., 7 days a week. For our Group members who are enrolled in an employer-sponsored plan, contact your employer or union's benefits administrator.



We're part of your community

Our members enjoy a coordinated approach to care and coverage, combined with the convenience of treatment close to home. Kaiser Permanente has medical facilities, doctors' offices, labs, pharmacies, and other health care services throughout the country.

Kaiser Foundation Health Plan, Inc. 393 E. Walnut St. Pasadena, CA 91188-8514

Kaiser Foundation Health Plan of Colorado 10350 E. Dakota Ave. Denver, CO 80247

Kaiser Foundation Health Plan of Georgia, Inc. Nine Piedmont Center 3495 Piedmont Rd. NE Atlanta, GA 30305

Kaiser Foundation Health Plan, Inc. 711 Kapiolani Blvd. Honolulu, HI 96813

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc. 2101 E. Jefferson St. Rockville, MD 20852

In 2018, we served nearly

1.3 million financially vulnerable community members



Kaiser Foundation Health Plan of the Northwest 500 NE Multnomah St. Suite 100 Portland, OR 97232

Kaiser Foundation Health Plan of Washington 1300 SW 27th Street

Renton, WA 98057

Convenient locations in Georgia



Hospitals and urgent care in Georgia

With 25 Kaiser Permanente offices and over 600 doctors throughout metro Atlanta – plus pharmacy, lab, and X-ray usually right in the same building – you'll enjoy unmatched convenience. Plus, you won't have to pay for parking.

CHEROKEE COUNTY





Holly Springs Medical Office 684 Sixes Road; Suite 275 Holly Springs, GA 30115 770-852-2440

CLAYTON COUNTY



Medical Center

770-603-3649

2400 Mt. Zion Parkway

Jonesboro, GA 30236

Southwood Comprehensive

Southwood Specialty Center

2470 Mt. Zion Parkway

Jonesboro, GA 30236

770-603-3969



770-431-4235

TownPark Comprehensive Medical Center 750 TownPark Lane, NW Kennesaw, GA 30144 770-514-5401



West Cobb Medical Center 3640 Tramore Pointe Parkway Austell, GA 30106 770-439-4700

22 kp.org/medicare





Cumberland Medical Center 2525 Cumberland Parkway, SE Atlanta, GA 30339





COWETA COUNTY



Newnan Medical Office 203 Newnan Crossing Bypass Newnan, GA 30265 770-304-4400

DEKALB COUNTY



Crescent Medical Center 200 Crescent Centre Parkway Tucker, GA 30084 770-496-3414



Downtown Decatur Medical Office 201 W. Ponce de Leon Avenue Suite A, Decatur, GA 30030 404-687-7700



Panola Medical Center 5440 Hillandale Drive Lithonia, GA 30058 770-322-2777



Stonecrest Medical Center 8011 Mall Parkway Lithonia, GA 30038 678-323-7500

DOUGLAS COUNTY



Douglasville Medical Office 6875 Douglas Boulevard, Suite A Douglasville, GA 30135 678-838-2225

FAYETTE COUNTY



Fayette Medical Office 101 Banks Station Fayetteville, GA 30214 678-610-3700

FORSYTH COUNTY



Forsyth Medical Office 1400 Northside Forsyth Drive Suite 350 Cumming, GA 30041 678-455-1407

FULTON COUNTY



Alpharetta Medical Center 3550 Preston Ridge Road Alpharetta, GA 30005 770-663-3110



Brookwood At Peachtree Medical Office 1745 Peachtree Street NE,

Suite U Atlanta, GA 30309 404-888-7688



Cascade Medical Center 1175 Cascade Parkway Atlanta, GA 30311 404-505-4006



Glenlake Comprehensive Specialty Center 20 Glenlake Parkway Sandy Springs, GA 30328 770-677-6075



Sandy Springs Medical Office 1100 Lake Hearn Drive, NE, Suites 250 and 500, Sandy Springs, GA 30342 404-845-4500

GWINNETT COUNTY



455 Philip Boulevard,

Lawrenceville, GA 30046

Suite 130

678-985-5000



Sugar Hill-Buford **Medical Center** 1435 Broadmoor Boulevard Sugar Hill, GA 30518 678-765-5700

HENRY COUNTY



Gwinnett Comprehensive Medical Center 3650 Steve Reynolds Boulevard Duluth, GA 30096 770-931-6012



Snellville Medical Office 2240 Fountain Drive Snellville, GA 30078 770-978-5400



1125 Towne Centre Village Dr McDonough, GA 30253 678-583-6600

ROCKDALE COUNTY



Conyers Medical Office 1478 Dogwood Drive Conyers, GA 30013 678-413-4320





More care options when you need them

Kaiser Permanente has partnered with several leading hospitals and many urgent care facilities. In fact, our own doctors practice at some of Atlanta's top hospitals. For medical emergencies, you have access to any hospital emergency room, even if it's not affiliated with Kaiser Permanente.*

Our hospital partners include:⁷

Children's Healthcare of Atlanta at Egleston 1405 Clifton Road, NE Atlanta, GA 30322 404-785-6000

Children's Healthcare of Atlanta at Scottish Rite

1001 Johnson Ferry Road, NE Atlanta, GA 30342 404-785-5252

Emory Johns Creek Hospital

6325 Hospital Parkway Johns Creek, GA 30097 678-474-7000

Emory Saint Joseph's Hospital

5665 Peachtree Dunwoody Road Atlanta, GA 30342 678-843-7001

Emory University Hospital

1364 Clifton Road, NE Atlanta, GA 30322 404-712-2000

Emory Decatur Hospital

2701 N Decatur Rd, Decatur, GA 30033 404-501-1000

Northside Hospital Duluth 3620 Howell Ferry Road Duluth, GA 30045 678-312-6800

Northside Hospital Gwinnett

1000 Medical Center Boulevard Lawrenceville, GA 30045 678-312-4321

Northside Hospital

1000 Johnson Ferry Road, NE Atlanta, GA 30342 404-851-8000

Northside Hospital

Cherokee 450 Northside Cherokee Boulevard Canton, GA 30115 770-224-1000

Northside Hospital

Forsyth

1200 Northside Drive Cumming, GA 30041 770-844-3200

Piedmont Hospital

1968 Peachtree Road, NW Atlanta, GA 30309 404-605-5000

Piedmont Fayette Hospital

1255 Highway 54 West Fayetteville, GA 30214 770-719-7000

Piedmont Henry Hospital

1133 Eagle's Landing Parkway Stockbridge, GA 30281 770-389-2200

Piedmont Mountainside Hospital

1266 Highway 515 South Jasper, GA 30143 706-692-2441

Piedmont Rockdale Hospital

1412 Milstead Avenue, NE Convers, GA 30012 770-918-3000

Piedmont Newnan Hospital

745 Poplar Road Newnan, GA 30265 770-400-1000

Piedmont Newton Hospital

5126 Hospital Drive Covington, GA 30014 770-786-7053

Piedmont Walton Hospital

2151 West Spring Street Monroe, GA 30655 770-267-8641

Kaiser Permanente 24/7 Advanced Urgent Care

Gwinnett Comprehensive Medical Center

3650 Steve Reynolds Boulevard Duluth, GA 30096 24 hours a day, 7 days a week

Southwood Comprehensive **Medical Center** 2400 Mount Zion Parkway Jonesboro, GA 30236 24 hours a day, 7 days a week

PLUS affiliated community urgent care locations throughout metro Atlanta

BARROW COUNTY

Regional FirstCare

340 Exchange Boulevard Bethlehem, GA 30620 678-963-7171

BARTOW COUNTY

Peachtree Immediate Care

122 North Morningside Drive Cartersville, GA 30121 678-723-6721

CARROLL COUNTY

Peachtree Immediate Care

209 Cooley Drive, Suite 101 Villa Rica, GA 30180 770-456-0911

CHATHAM COUNTY

Concentra - Garden City

109 Minus Avenue Suite C-10 Garden City, GA 31408 866-944-6046

Children's at Cherokee

Urgent Care 1558 Riverstone Parkway Suite 100 Canton, GA 30114 404-785-5437

Northside Family Medicine & Urgent Care of Holly Springs 684 Sixes Road, Suite 125 Holly Springs, GA 30115 678-426-5450

Peachtree Immediate Care

720 Transit Avenue Suite 101 Canton, GA 30114 770-720-7000

CLARKE COUNTY

East Side Reddy Urgent Care 4038 Lexington Road Athens, GA 30605 706-621-7575

TownPark Comprehensive **Medical Center**

750 Townpark Lane Kennesaw, GA 30144 24 hours a day, 7 days a week

CHEROKEE COUNTY

Peachtree Immediate Care **FP-Athens**

1480 Baxter Street Suite A Athens, GA 30606 706-543-0228

Piedmont Athens Regional FirstCare-Athens 485 Highway 29 North Athens, GA 30601

706-353-9300

Reddy Urgent Care 4038 Lexington Road Athens, GA 30605 706-621-7575

Reddy Urgent Care

09 East Broad Street Suite 400 Athens, GA 30601 706-621-7575

Reddy Urgent Care 1061 Dowdy Road Suite 100 Athens, GA 30606 706-621-7575



Your vision is like no other.

28 kp.org/medicare

Affiliated Community Urgent Care Locations continued

CLAYTON COUNTY

Concentra Urgent Care 4223 Highway 42 Conley, GA 30288

Concentra Urgent Care

866-944-6046

1500 Mount Zion Road Morrow, GA 30260 866-944-6046

COBB COUNTY

Children's at Town Center

625 Big Shanty Road, NW Kennesaw, GA 30144 404-785-8010

Concentra Urgent Care

7750 The Bluffs Suite 100 Austell, GA 30168 866-944-6046

Concentra Urgent Care

220 N. Cobb Parkway Suite 400 Marietta, GA 30062 866-944-6046

Northside Family Medicine &

Urgent Care of East Cobb 4800 Old Towne Parkway Suite 150-A Marietta, GA 30068 770-509-1025

Peachtree Immediate Care

3540 North Cobb Parkway Acworth, GA 30101 770-974-3911

Peachtree Immediate Care 2481 George Busbee Parkway Kennesaw, GA 30144 770-423-0000

Peachtree Immediate Care 1850 East-West Connector SW Austell, GA 30106 770-988-5824

Peachtree Immediate Care 1025 Veterans Memorial Highway Suite 720 Mableton, GA 30126 770-732-0720

Peachtree Immediate Care 3295 South Cobb Drive Smyrna, GA 30080 678-723-6671

Summit Urgent Care at Marietta

3120 Johnson Ferry Road Marietta, GA 30062 770-835-4741

COWETA COUNTY

Peachtree Immediate Care 371 Newnan Crossing Bypass, Suite 103 Newnan, GA 30265 770-400-8410

Summit Urgent Care

1825 Highway 34 East Suite 1200 Newnan, GA 30265 770-502-2021

Dawson County

Northside Family Medicine & Urgent Care of Dawsonville

81 Northside Dawson Drive Suite 100-A Dawsonville, GA 30534 706-216-6000

DEKALB COUNTY

Children's at Chamblee Brookhaven 1045 Sycamore Dr Decatur, GA 30030 866-944-6046

Concentra Urgent Care - Sycamore 1834 Clairmont Road Decatur, GA 30033 404-634-4443

Peachtree Immediate Care 1834 Clairmont Road Decatur, GA 30033 404-634-4443

Peachtree Immediate Care 4327 Hugh Howell Road, Tucker, GA 30084 (678) 800-1279

Peachtree Immediate Care 4400 Peachtree Road, NE Brookhaven, GA 30319 (404) 814-9199

Peachtree Immediate Care 1829 Lawrenceville Highway Decatur, GA 30033 404-292-8335

Affiliated Community Urgent Care Locations continued

Urgent Care at Druid Hills

2738 Clairmont Road Atlanta, GA 30329 678-805-7981

DOUGLAS COUNTY

Peachtree Immediate Care 9390 The Landings Drive Douglasville, GA 30135 770-947-1112

FAYETTE COUNTY

Peachtree City Urgent Care

8 Eastbrook Bend Suite B Peachtree City, GA 30269 770-487-2273

Peachtree Immediate Care

1275 Highway 54 West Suite 201 Fayetteville, GA 30214 770-461-3776

Summit Urgent Care

749 West Lanier Avenue Suite 118 Fayetteville, GA 30214 770-835-4925

Summit Urgent Care

100 Line Creek Drive Peachtree City, GA 30269 770-847-8786

FORSYTH COUNTY

Children's at Forsyth 410 Peachtree Parkway Suite 300 Cumming, GA 30041 404-785-8900

Northside Family Medicine & Urgent Care of Cumming 5610 Bethelview Road Suite 500 Cumming, GA 30040 770-205-2804

Peachtree Immediate Care

2575 Peachtree Parkway Cumming, GA 30041 770-888-8777

FRANKLIN COUNTY

Royston Reddy Urgent Care

132 Franklin Springs Street Suite B Royston, GA 30662 706-246-9700

FULTON COUNTY

Atlanta Plus Urgent Care 5785 Roswell Rd Atlanta, GA 30328 770-904-9772

Children's at North Point

3795 Mansell Road Alpharetta, GA 30022 404-785-2000

Concentra Urgent Care

5670 Fulton Industrial Boulevard Atlanta, GA 30336 866-944-6046

Concentra Urgent Care

688 Spring Street, NW Atlanta, GA 30308 866-944-6046

Concentra Urgent Care

10820 Abbotts Bridge Road Suite 3000 Johns Creek, GA 30097 866-944-6046

Concentra Urgent Care

3580 Atlanta Avenue Hapeville, GA 30354 866-944-6046

Concentra Urgent Care

6334 Roswell Road, NE Suite C Sandy Springs, GA 30328 866-944-6046

Northside Family Medicine

& Urgent Care of Midtown 1110 West Peachtree Street. NW Suite 200-A Atlanta, GA 30309 404-575-2000

Northside Family Medicine

& Urgent Care of Roswell

11685 Alpharetta Highway Suite 150-A Roswell, GA 30076 770-619-3860

Affiliated Community Urgent Care Locations continued

Pacific Medical

1730 B Mt. Vernon Rd Dunwoody, GA 30338 770-253-2001

Peachtree Immediate Care

10905 Haynes Bridge Road Alpharetta, GA 30022 770-343-9898

Summit Urgent Care

3515 Camp Creek Parkway East Point, GA 30344 404-344-7337

Urgent Care at Peachtree

2140 Peachtree Road Suite 232 Atlanta, GA 30309 678-805-7425

GWINNETT COUNTY

Atlanta Plus Urgent Care

4158 Stone Mountain Hwy Lilburn, GA 30047 678-580-9670

Children's at

Hamilton Creek 2240 Hamilton Creek Parkway Suite 600 Dacula, GA 30019 404-785-5437

Children's at Satellite **Boulevard** 2660 Satellite Boulevard

Duluth, GA 30096 404-785-8330

Concentra Urgent Care 755 Lawrenceville Suwanee Road, Suite 1600 Lawrenceville, GA 30043 866-944-6046

Concentra Urgent Care

6475 Jimmy Carter Boulevard Suite 200 Norcross, GA 30071 866-944-6046

Gwinnett Urgent Care 1300 Peachtree Industrial Boulevard, Suite 4101 Suwanee, GA 30024 770-831-5525

Health Choice

2690 Hamilton Mill Road Suite 100 Buford, GA 30519 470-326-7300

Health Choice

5910 Suwanee Dam Road Suite 100 Sugar Hill, GA 30518 470-326-7600

North Georgia Urgent Care

1630 Pleasant Hill Road Suite 340 Duluth, GA 30096 678-680-4290

3425 Buford Drive, Suite 200 Buford, GA 30519 678-546-0200

Peachtree Immediate Care

Peachtree Immediate Care 3551 Satellite Boulevard Duluth, GA 30096 770-476-3000

Peachtree Immediate Care 696 Grayson Highway Lawrenceville, GA 30046 770-993-0927

Peachtree Immediate Care 3720 Holcomb Bridge Road Norcross, GA 30092 770-263-1000

Peachtree Immediate Care 3991 Highway 78 Suite 100 Snellville, GA 30039 678-786-8677

Sugarloaf Urgent Care 4835 Sugarloaf Parkway Suite 200 Lawrenceville, GA 30044 470-375-5940

HABERSHA COUNTY

Reddy Urgent Care 227 Habersham Village Cir Cornelia, GA 30531 706-621-7575

HALL COUNTY

Peachtree Immediate Care - Oakwood 3885 Mundy Mill Rd Suite 114 Oakwood, GA 30566 678-971-1892

Affiliated Community Urgent Care Locations continued

HART COUNTY

Hartwell Reddy **Urgent Care** 605 East Franklin Street Hartwell, GA 30643 706-376-6200

HENRY COUNTY

Children's at Hudson Bridge 1510 Hudson Bridge Road Stockbridge, GA 30281 404-785-8661

Peachtree Immediate Care 4837 Bill Gardner Pkwy Locust Grove, GA 30248 678-800-1602

JACKSON COUNTY

Braselton Urgent Care 2620 Old Winder Highway Ste 300 Braselton, GA 30517 678-821-2401

Piedmont Athens Regional FirstCare-Jefferson

528 Panther Drive Jefferson, GA 30549 706-387-5555

MUSCOGEE COUNTY

Concentra Urgent Care

1051 Talbotton Road Columbus, GA 31904 866-944-6046

MedCare Urgent Care

5612 Whitesville Road Columbus, GA 31904 706-322-2223

Midtown Acute Care

3465 Macon Road Columbus, GA 31907 706-243-3051

MyCare Urgent Care

7301 Blackmon Road Columbus, GA 31909 706-321-3750

MyCare Urgent Care

101 13th Street, Suite 200 Columbus, GA 31901 706-494-4949

Urgent Care & Occupational Medicine

4328 Armour Road Columbus, GA 31904 706-507-1213

NEWTON COUNTY

Peachtree Immediate Care

13093 Brown Ridge Road Covington, GA 30016 678-800-1591

OCONEE COUNTY

Regional First Care

1010 Village Drive Watkinsville, GA 30677 706-769-0000

PAULDING COUNTY

New Hope Urgent Care 49 Hosiery Mill Road Suite 124 Dallas, GA 30157 770-443-6111

Peachtree Immediate Care

3827 Jimmy Lee Smith Parkway Hiram, GA 30141 770-222-8900

RICHMOND COUNTY

Urgent Care of Columbus

5450 Whittlesey Boulevard Augusta, GA 30919 706-842-4398

ROCKDALE COUNTY

Atlanta Plus Urgent Care

2121 Salem Rd SE Convers, GA 30013 770-679-4360

Concentra Urgent Care

1680 GA Hwy. 138 Suites E and F Conyers, GA 30013 866-944-6046

SPALDING COUNTY

Peachtree Immediate Care 1436 Hwy 16 W Griffin, GA 30223 770-889-1211

Affiliated Community Urgent Care Locations continued

TROUP COUNTY

Peachtree Immediate Care

1495 LaFayette Parkway LaGrange, GA 30241 706-884-7822

WALTON COUNTY

Health Choice Urgent Care 2745 Loganville Hwy Loganville, GA 30052 470-655-2364

Monroe Reddy

Urgent Care 500 Great Oaks Drive Suite 9 Monroe, GA 30655 706-363-9228

Peachtree Immediate Care

500 Great Oaks Dr Ste 9 Monroe, GA 30655 678-905-9121

Peachtree Immediate Care

4072 Atlanta Hwy Loganville, GA 30052 678-905-0236





33

Specialties, we've got you covered.

Services you can expect at most Kaiser Permanente medical offices:

Primary, Pediatric, Family Medicine



X-Ray



But when your need calls for specialty care, you'll find these services offered in our Medical Centers in and around metro Atlanta.

- 24/7 Advanced Care
- Adult Medicine
- Audiology
- Behavioral Health
- Cardiology
- Child & Adolescent Psychiatry
- CT/MRI
- Dermatology
- DEXA Scan
- Endocrinology
- Express Care
- Family Medicine
- Gastroenterology
- General Surgery
- Geriatrics
- Hand Surgery
- Health Education

- Heart Failure Clinic
- Hematology/Oncology
- Infectious Diseases
- Infusion Center Lab Services
- Nephrology
- Neurology
- Nuclear Medicine
- Nutrition
- OB/GYN
- Oncology
- Ophthalmology
- Optometry
- Orthopedic Surgery
- Pain Management
- Palliative Care
- Pediatrics/Adolescent Medicine

- Pharmacy
- Plastic Surgery
- Podiatry
- Psychiatry
- Psychology
- Pulmonology
- Rheumatology
- Routine Mammography
- Sleep Medicine
- Sports Medicine
- Telehealth
- Ultrasound
- Urgent Care
- Urogynecology
- Urology
- Vascular Surgery
- Weight Management
- X-ray



Your spirit is like no other.

35

Kaiser Permanente Senior Advantage Care Plus (HMO-POS)

Out-of-network benefits:

Keep your favorite physician when you switch to the number one health plan in America*

With access to personalized, innovative care from the region's leading health system* and a **\$1500** annual allowance for outof-network coverage, the Kaiser Permanente Senior Advantage Care Plus (HMO-POS) health plan enables you to experience quality Kaiser Permanente care and gives you the flexibility to see your choice of providers. This gives you the freedom to continue seeing your

favorite physician for routine or continuing care. Your allowance could be used for office visits, labs, X-rays, physical therapy, outpatient behavioral health care, and more - without a referral.

For the best experience, see any provider that accepts Medicare anywhere in the United States and its territories. To find a provider that accepts Medicare, visit medicare.gov.

Members are responsible for any charged amounts for covered services that exceed the annual allowance maximum of **\$1,500**. Coverage limited to inside the United States and its territories. This benefit covers limited services. See your Evidence of

Coverage for details.

*Kaiser Permanente took the top spot in **Insure.com**'s list of best health plans of 2023. The rankings are based on the National Committee for Quality Assurance's annual health plan ratings as well as member surveys – and Kaiser Permanente was number one overall. In the National Committee for Quality Assurance (NCQA) 2019-2020 Health Insurance Plan Ratings, Kaiser Foundation Health Plan of Georgia has the top-rated commercial health plan in the state for the 15th year in a row, earning a rating of 4 out of 5 in 2019-2020. This rating is based upon 2019–2020 Health Plan Ratings. Due to COVID-19, NCQA will not release 2020–2021 Health Plan Ratings for any product line. For the quality of care they provide, our doctors have been recognized by various publications as: Top Doctors from Atlanta Magazine; Mom-Approved Doctors from Atlanta Parent Magazine; and Health Care Heroes from Atlanta Business Chronicle. According to the NICE Satmetrix 2019

U.S. Consumer NPS[®] Benchmarks, Kaiser Permanente is ranked highest for customer loyalty in the health plan category for the 9th year in a row.

Out-of-network/non-contracted providers are under no obligation to treat Plan members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-ofnetwork services.



Your heart is like no other.

Senior Advantage Liberty health plan without Part D



Let us serve you with our Kaiser Permanente Senior Advantage Liberty (HMO) health plan.

The Senior Advantage Liberty health plan without Part D is a smart way to complement the health benefits from your military service. The Liberty plan respects your health-and salutes your wallet-through these extra benefits:



Healthy Food Card benefit

The Healthy Food Card provides a quarterly allowance for qualified members to purchase eligible healthy foods from participating retailers such as Kroger and Walmart.



Over-the-counter (OTC) wellness credit² Our Medicare health plans include a quarterly allowance that can be used to purchase items like allergy, cough, and cold remedies.

- 1 Allowance helping with overall health for members with at least one chronic condition. The benefits mentioned are part of a special supplemental program for the chronically ill. Not all members qualify.
- 2 OTC benefits may change each year on January 1. Each purchase must be at least \$20. Any unused portion of the quarterly credit will not carry forward to the next quarter. Your order may not exceed your maximum benefit allowance. Limitations and restrictions may apply.



Enhanced dental benefits

In addition to diagnostic and preventive dental care at a \$0 copay, comprehensive services are also available at a \$0-\$580 copay.

And more!

Members enrolling in this Liberty plan will not have an Rx benefit. Members may continue to use their Rx benefit through another plan (ex: TRICARE® For Life).

Kaiser Permanente is an HMO and HMO-POS plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.

TRICARE is a registered trademark of the Department of Defense, Defense Health Agency. All rights reserved.

Added Features

You blossom like no other.

Explore additional benefits of our Kaiser Permanente Senior Advantage (HMO) plans



Healthy Food Card

A quarterly allowance for qualified members to purchase eligible healthy foods.¹



Health & Wellness Products

Order items listed in our OTC catalog to be delivered to your home for free



Fitness membership² Silver Sneakers Healthy Aging and Exercise Program

- 1 Allowance must be fully used within the guarter issued and will not roll over to the next guarter. Allowance helping with overall health for members with at least one chronic condition. The card may not be loaned to other people. Eligible items may only be purchased for the personal use of the plan member. Purchases for family members or friends are not allowed.
- 2 SilverSneakers and the Silversneakers shoe logotype are registered trademarks of Tivity Health, Inc. SilverSneakers On-Demand and Silversneakers GO are trademarks of Tivity Health, Inc. ©2019 Tivity Health, Inc. All rights reserved.
- 3 Eighteen one-way rides per contract year. For nonemergency transportation only.



Transportation³

18 no-cost rides to or from medical appointments



Self Care Apps

Explore our range of self-care resources designed to help you thrive in mind, body, and spirit.



Thriving After 60

A wellness community with events to help connect members over 60



Fitness program: Silver Sneakers® Healthy Aging and Exercise Program

SilverSneakers® is more than a fitness program. It's an opportunity to improve your health, gain confidence and connect with your community. Plus its included in your plan at no additional cost.

With SilverSneakers, you're free to move in the ways that work for you.

- At home or on the go
- In participating fitness locations
- In your community

You just need your member ID to get started. Visit SilverSneakers.com/StartHere to get started today!



Over-the-Counter Benefit: Health & Wellness Products

We cover OTC items listed in our OTC catalog for free home delivery. You may order OTC items each quarter of the year (January, April, July, October) up to the quarterly benefit limit. The catalog lists the price of some commonly used, everyday care items.. Each order must be at least **\$20**. Any unused portion of the quarterly benefit limit doesn't carry forward to the next quarter.

Members may iew our catalog and place an order online, please visit by visiting. You may place an order over the phone or request a printed catalog be mailed to you by calling 1-844-232-6906 (TTY **711**), 8 a.m. to 8 p.m., Monday through Friday.



Healthy Food Card: Save money on healthy groceries with your Kaiser Permanente Healthy Food Card.

The Kaiser Permanente Healthy Food Card provides a quarterly allowance for qualified members to purchase eligible healthy foods from participating retailers such as Kroger, Walmart, CVS Pharmacy, and more. Use the dedicated app while shopping to determine your available balance and scan each item to make sure it's eligible to purchase under your benefit.

Learn more at mybenefitscenter.com







Transportation Benefit:

Rides to and from medical appointments

Kaiser Permanente Medicare Advantage includes 18 rides to or from nonurgent medical appointments at Kaiser Permanente medical centers and contracted facilities. medical services such as lab or X-ray, or picking up medications or medical equipment. Call

1-855-955-7433 (TTY **711**)

from 7 a.m. to 6 p.m., Monday through Saturday, to schedule a ride or find out how many rides you have left for the year. Rides must be scheduled at least 2 hours before your pick-up time. A scheduled ride must also be canceled at least 2 hours before your pick-up time, or it will be deducted from your annual ride balance



Self-care Apps:

Mental health & wellness tools

Take a moment. Take a breath. Take time for selfcare. Explore our broad range of self-care resources - including apps, audio activities, articles, and more - designed to help you thrive in mind, body, and spirit

Your Kaiser Permanente membership includes enrollment in various self-care apps in areas like:

- Managing Stress
- Sleeping Better
- Parenting
- Relationships
- Meditation
- Mindfulness
 - Mind-body
 - Easing anxiety
 - And more!

*In-person event schedule based on necessary COVID-19 response. Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.



Thriving After 60:

Have fun, make friends, and get active with our community events

The Thriving After 60 community is dedicated to keeping its members mentally and physically healthy-all while having a good time. Come make like-minded new friends at our engaging virtual and in-person events and workshops,* which focus on supporting the changing health and wellness needs of those over 60. Our activities are designed to help you maintain your health and energy and stay connected with the community well into retirement. Follow our Facebook page at facebook. com/TA60Georgia to stay informed, and register for our events anytime at georgia.kp.org/TA60.

Advantage Plus

Add hearing and additional dental benefits for an affordable monthly premium and get a healthier, more vibrant you.

Combine the affordable benefits of Advantage Plus with your Senior Advantage (HMO and HMO-POS) plan or Senior Advantage Medicare Medicaid (HMO D-SNP) plan.



More benefits, more value

Only \$9 a month gets you hearing and additional dental benefits along with your Senior Advantage or Senior Advantage Medicare Medicaid plan. Best of all, you'll get your care from Kaiser Permanente and our health care partners.



The convenience of one simple bill

The monthly premium for Advantage Plus will be added to your Senior Advantage or Senior Advantage Medicare Medicaid bill, so it's easy to pay.

How to enroll

Go online today! To learn more and enroll online, visit **kp.org/advantageplus**.

We're here to help. If you're ready to enroll or have questions, call us at **1-877-471-1064** (TTY **711**), 7 days a week, 8 a.m. to 8 p.m.

When to enroll

There's a limited time to enroll in Advantage Plus. It depends on when you enroll in Senior Advantage or Senior Advantage Medicare Medicaid. If you are not currently enrolled in a Kaiser Permanente Medicare health plan:

- Go to kp.org/medicare to fill out the online Senior Advantage or Senior Advantage Medicare Medicaid enrollment form and choose the Advantage Plus option.
- Or sign up for Senior Advantage or Senior Advantage Medicare Medicaid with Advantage Plus over the phone with one of our Kaiser Permanente Medicare specialists.

If you are a new Kaiser Permanente Medicare health plan member or you have moved to a different Kaiser Permanente service area:

 You can add Advantage Plus within 30 days of your Senior Advantage or Senior Advantage Medicare Medicaid effective date.

If you are an existing Kaiser Permanente Medicare health plan member:

 You can sign up for Advantage Plus from October 15, 2023, until March 31, 2024. (Your enrollment form must be received in our office by this date.)



Advantage Plus (optional supplemental package) premium and benefits

Monthly premium

On top of monthly Senior Advantage or Senior Medicare Medicaid individual plan premium ar Medicare premium(s)

Dental services*

Additional comprehensive dental coverage for as surgical periodontics, complex oral surgery, implants ; Copay based benefit

Hearing aids

Fitting/Evaluation of Hearing Aid

* Dental benefits provided by DeltaCare® USA. See your Evidence of Coverage for complete details.

Remember, to enroll in the Advantage Plus optional benefits package, you must first be enrolled in a Kaiser Permanente Senior Advantage or Senior Advantage Medicare Medicaid individual plan. You must be a Kaiser Permanente Senior Advantage or Senior Advantage Medicare Medicaid individual plan member to apply. Kaiser Permanente is an HMO and HMO-POS plan with a Medicare contract. Enrollment in

	You pay
r Advantage nd monthly	\$9
r benefits such , and dental	Various copays ranging from \$0 to \$1440 for non-routine services
	Coverage for up to \$500 per ear, every 3 years
	\$0 Routine Hearing Exam; Fitting and Evaluation for Hearing Aid (Once Yearly)

Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll. Call Member Services at **1-800-232-4404** (TTY **711**), 7 days a week, 8 a.m. to 8 p.m., for more information.

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Ready to get started?

Convenient ways to get care

Get care where, when, and how you want it. With more options to choose from, it's easier to stay on top of your health.

Choose how you get care

Video



way to see a doctor wherever you are? Meet faceto-face online.⁶ Ask your doctor if video visits are available to you.

Want a convenient, secure

Phone

Have a condition that doesn't require an in-person exam? Save yourself a trip to the office by scheduling a call with a Kaiser Permanente clinician.⁶

In person



care, preventive services, care when you're not feeling well, and more. You may also be able to schedule same-day appointments.

Visit your doctor for routine

Other ways to get care in the moment

E-visit



Fill out a short questionnaire about your symptoms online and get personalized self-care advice from a Kaiser Permanente provider.

Chat with a doc



Chat live online with a Kaiser Permanente doctor to get advice, referrals, prescriptions, and more.

24/7 care and advice by phone



Call us for advice when you need it most. We'll help you find out what care is right for you, schedule appointments, and more.

Email



Message your doctor's office anytime with nonurgent health questions. You'll get a response usually within two business days, if not sooner.

App



Download the Kaiser Permanente app to manage routine appointments, refill most prescriptions for mail-order delivery, see most test results, and more.^{6,8} You can also keep up with your care at kp.org.



3 easy steps

It's simple to get started with Kaiser Permanente

Welcome to Kaiser Permanente. We'll let you know your coverage start date once Medicare confirms your enrollment, and then you'll receive your member ID card in the mail within 10 days. Along with your ID card, you'll also get more information about your Kaiser Permanente Medicare health plan. In the meantime, you can access your digital ID card via the Kaiser Permanente mobile app or download it at **kp.org** as soon as your enrollment is confirmed.

Use this handy checklist to start making the most of your membership once you receive your ID card.

If you have a question about covered drugs, please visit **kp.org/medicareformulary**.



- * These features are available when you get care from Kaiser Permanente facilities. Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Rd. NE, Atlanta, GA 30305
- ** Kaiser Permanente Senior Advantage Liberty (HMO) plan does not include outpatient prescription drug coverage, however, members with TRICARE For Life can still fill prescriptions at Kaiser Permanente pharmacies. Please provide the Kaiser Permanente pharmacy with your drug coverage information when filling your prescriptions.

Step 1: Create your online account

Once your coverage starts, you can create your account through the Kaiser Permanente app or at **kp.org/newmember**. Then you can conveniently schedule routine appointments, refill prescriptions, email your doctor's office with nonurgent questions, and much more.* You can also access your digital ID card when you use the app.

Step 2: Choose your doctor – and change anytime

Choose from a wide range of available Kaiser Permanente doctors and change for any reason at any time. To choose a doctor, browse our online doctor profiles at **kp.org/chooseyourdoctor** or call Member Services at **1-800-232-4404** (TTY **711**), 8 a.m. to 8 p.m., 7 days a week.

Ų_∞ Step 3: Get prescriptions**

We'll help you transition your current prescriptions to Kaiser Permanente. Just go to **kp.org/newmember** and follow the steps. Or give us a call at **404-846-6707** (TTY **711**), 24 hours a day, 7 days a week. Be sure to have your prescription information handy.

Start taking advantage of your membership

To schedule your first appointment after you get your ID card, give us a call or visit **kp.org/appointments** if you've already signed up (see Step 1).

If you need care before your ID card arrives or if you have any questions, simply call Member Services at **1-800-232-4404** (TTY **711**), 8 a.m. to 8 p.m., 7 days a week. Or you can access your digital ID card via the Kaiser Permanente mobile app or download it at **kp.org**.

Your payment options

- Automatic payments by credit or debit card: To have your payments automatically deducted from your credit or debit card, sign up at kp.org/payonline and follow the steps to set up repeating payments. Or call 1-800-232-4404 (TTY 711).
- Automatic payments from your bank account: To pay by electronic funds transfer (EFT) from your bank, request an EFT form by calling 1-800-232-4404 (TTY 711).
- Social Security or Railroad Retirement Board (RRB) automatic deductions: If you chose this option on your enrollment form, please allow up to 90 days for the premium withdrawal to be set up.

Learn more at **kp.org/newmember**



Please note: Until Social Security or RRB automatic payments begin, you'll be responsible for paying any premium statements you get from Kaiser Permanente.

Your statement should arrive in the third week of each month. Once the payment plan is set up by Social Security or RRB, your premium will be deducted from your Social Security or RRB benefit check.

• Check or money order: You can send a check or money order for your monthly plan premium directly to us.

 Phone or online payments: You can make one-time payments by credit or debit card by calling 1-877-729-5590 or by visiting kp.org/payonline.

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Pharmacy

Our comprehensive pharmacy system is the very heart of our 'under one roof' care experience. In all of our 25 medical offices, you can pick up your prescription or consult a Kaiser Permanente pharmacist on your way out the door.

Getting started

Whether you're transitioning from another provider or simply starting out fresh, it's easier than you think to get started at Kaiser Permanente.

Step 1 - Make the call

Once you get your Kaiser Permanente ID Card, call the dedicated New Member Desk number at **404-760-3540**, Monday-Friday, 7am -7pm. We'll help schedule your first office visit with your new Kaiser Permanente doctor.

If you need medication to last until then, we can usually help with that, too. After scheduling your doctor visit, we'll also arrange for a pharmacy telephone consult (before you run out of your current medications).

Step 2 - Visit your doctor

At your visit, we'll help make sure you have a medication plan that's right for you.

Step 3 - Fill your prescription

You can get your prescription filled at any one of the pharmacies located in our many Kaiser Permanente medical offices.



Getting Refills

You have three easy options for getting refills: Order online at **kp.org**/rxrefill.

Order from your mobile device by visiting **m.kp.org** or through the Kaiser Permanente app (download for free from your preferred app site).

Call our 24-hour refill line at **770-434-2008**.

You can even skip the trip! Most refills can be mailed directly to your home in about three business days. You'll usually receive them within three to five days, and can save a co-pay on a 90-day supply.¹¹

Questions

If you have questions or would like a copy of our preferred drug list, call us directly at **404-261-2590**, Monday-Friday, 7am -7pm. or visit **kp.org/formulary**.



Notice of Nondiscrimination

Kaiser Permanente complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Kaiser Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. We also:

- Provide no cost aids and services to people with disabilities to communicate effectively with us, such as:
 - o Qualified sign language interpreters.
 - o Written information in other formats, such as large print, audio, and accessible electronic formats.
- Provide no cost language services to people whose primary language is not English, such as:
 - o Qualified interpreters.
 - o Information written in other languages.

If you need these services, call Member Services at **1-800-232-4404** (TTY **711**), 8 a.m. to 8 p.m., seven days a week.

If you believe that Kaiser Permanente has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Civil Rights Coordinator by writing to Attention: Member Services, Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305 or calling Member Services at the number listed above. You can file a grievance by mail or phone. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Multi-Language Insert

Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at **1-800-232-4404** (TTY **711**). Someone who speaks English/Language can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al **1-800-232-4404** (TTY **711**). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。 如果您需要此翻译服务,请致电 1-800-232-4404 (TTY 711)。我们的中文工作人员很乐意帮助 您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 1-800-232-4404 (TTY 711)。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-800-232-4404 (TTY 711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurancemédicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au **1-800-232-4404** (TTY **711**). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-800-232-4404 (TTY 711). sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter **1-800-232-4404** (TTY **711**). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

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Form CMS-10802 (Expires 12/31/25) Y0043_N00036258_C



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Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-800-232-4404 (TTY 711). 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону **1-800-232-4404** (ТТҮ **711**). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على (TTY 711) Hon-232-4404. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-800-232-4404 (TTY 711) पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero **1-800-232-4404** (TTY **711**). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portuguese: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número **1-800-232-4404** (TTY **711**). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan **1-800-232-4404** (TTY **711**). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer **1-800-232-4404** (TTY **711**). Ta usługa jest bezpłatna.

Japanese: 当社の健康健康保険と薬品処方薬プランに関するご質問にお答えするために、無料の通訳サービスがありますございます。通訳をご用命になるには、 1-800-232-4404 (TTY 711).にお電話ください。日本語を話す人者が支援いたします。これは無料のサービスです。

Form CMS-10802 (Expires 12/31/25) 1140871391 June 2023



*If you need emergency or out-of-area urgent care, you can get care from any provider. Check your Evidence of Coverage (EOC) for details. **1.** Kaiser Permanente is not responsible for the content or policies of external sites. **2.** Out-of-network/non-contracted providers are under no obligation to treat Plan members, except in emergency situations. Please call our member services number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services. **3.** Most Medicare Advantage Group Plans, offered by your employer or union, do not include a coverage gap stage. Please review your Evidence of Coverage for your Part D copay structure. **4.** All-in-one coverage includes Medicare Parts A, B, and D in a single plan. 5. Kaiser Permanente 2022 HEDIS® scores. Benchmarks provided by the National Committee for Quality Assurance (NCQA) Quality Compass[®] and represent all lines of business. Kaiser Permanente combined region scores were provided by the Kaiser Permanente Department of Care and Service Quality. The source for data contained in this publication is Quality Compass 2022 and is used with the permission of NCQA. Quality Compass 2022 includes certain CAHPS data. Any data display, analysis, interpretation, or conclusion based on these data is solely that of the authors, and NCQA specifically disclaims responsibility for any such display, analysis, interpretation, or conclusion. Quality Compass[®] and HEDIS[®] are registered trademarks of NCQA. CAHPS® is a registered trademark of the Agency for Healthcare Research and Quality. 6. When appropriate and available. If you travel out of state, phone appointments and video visits may not be available due to state laws that may prevent doctors from providing care across state lines. Laws differ by state. 7. In the case of a pandemic, some facilities may be closed or offer limited hours and services. 8. Available on most prescription orders; additional fees may apply. For more information,

contact the pharmacy. 9. This number can be dialed inside and outside the United States. Before the phone number, dial "001" for landlines and "+1" for mobile lines if you're outside the country. Long-distance charges may apply, and we can't accept collect calls. The phone line is closed on major holidays (New Year's Day, Easter, Memorial Day, July Fourth, Labor Day, Thanksgiving, and Christmas). It closes early the day before a holiday at 10 p.m. Pacific time (PT), and it reopens the day after a holiday at 4 a.m. PT. **10.** High deductible health plans may require a copay or coinsurance for phone appointments and video visits. **11.** Source: Kaiser Permanente Telehealth Insights Dashboard. **12.** When receiving care at a Kaiser Permanente facility. All online features may not be available in some areas. **13.** For certain drugs, you can get prescription refills mailed to you through our Kaiser Permanente mail-order pharmacy. You should receive them within 3-5 days. If not, please call: Northern California: 1-888-218-6245 (TTY **711**), Monday through Friday, 8 a.m. to 6 p.m.; Southern California: 1-866-206-2983 (TTY 711), Monday through Friday, 7 a.m. to 7 p.m.; Colorado: 1-866-523-6059 (TTY 711), Monday through Friday, 8 a.m. to 6 p.m.; Georgia: 770-434-2008 or toll-free 1-800-733-6345 (TTY 711), 7 days a week, 24 hours; Hawaii: 808-643-7979 (TTY 711), Monday through Friday, 8:00 a.m. to 5 p.m.; Maryland, Virginia, and the District of Columbia: toll-free 1-800-733-6345 (TTY 711), Monday through Friday, 8 a.m. to 7 p.m.; Washington and Oregon: **1-800-548-9809** (TTY **711**), Monday through Friday, 8 a.m. to 5:30 p.m.

Kaiser Permanente is an HMO and HMO-POS plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal.

You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.

