Set your sights on total health for your employees

VISION ESSENTIALS BY KAISER PERMANENTE

At Vision Essentials, we see eye care differently. Healthy vision is more than just glasses and contact lenses. When it comes to eye health, your employees are covered by Vision Essentials, which offers:

- Ophthalmology
- Optometry
- Optical (includes a wide selection of eyewear)

DID YOU KNOW?

More than 3 of 5 Americans over 40 years old have vision and eye problems.[1]

Vision disability is one of the top 10 disabilities among adults 18 years and older and one of the most prevalent disabling conditions among children.[2]

Every employee with eyestrain costs an average of $2,100 in lost productivity.[3]

THE KAISER PERMANENTE DIFFERENCE

We provide convenient total eye care— ophthalmology, optometry, and optical eye clinics at select locations in Maryland, Virginia, and Washington, DC.

We have a team of 150 integrated ophthalmologists, optometrists, and opticians in our Vision Essentials departments.

In our routine, comprehensive eye exams, over 300,000 members are screened annually for eye and chronic health conditions.

All eye care services are conveniently located in several of our medical centers, making it easier for your employees to take care of all of their health needs, including vision, in one stop. And because regular eye exams detect not only vision problems, but also certain health conditions, your employees can stay on top of their total health with Vision Essentials.

For locations and more information, visit **kp2020.org**.

[1] "Fast Facts About Vision Loss," Centers for Disease Control and Prevention, https://www.cdc.gov/visionhealth/basics/ced/fastfacts.htm
[2] "Fast Facts About Vision Loss," Centers for Disease Control and Prevention, https://www.cdc.gov/visionhealth/basics/ced/fastfacts.htm
[3] "Eye on the Aging Workforce," National Eye Institute, https://ohsonline.com/Articles/2013/12/01/Eye-on-the-Aging-Workforce.aspx, 2013

visionessentials
by KAISER PERMANENTE®

VISION ESSENTIALS LOCATIONS

For more information on the Vision Essentials locations near you, visit **kp2020.org**.

DISTRICT OF COLUMBIA

Kaiser Permanente Capitol Hill Medical Center
700 2nd St. NE, Washington, DC 20002
202-346-3000 (TTY **711**)

MARYLAND

Camp Springs Medical Center
6104 Old Branch Ave., Temple Hills, MD 20748
301-702-6100 (TTY **711**)

Gaithersburg Medical Center
655 Watkins Mill Road, Gaithersburg, MD 20879
240-632-4000 (TTY **711**)

Kensington Medical Center
10810 Connecticut Ave., Kensington, MD 20895
301-929-7100 (TTY **711**)

Largo Medical Center
1221 Mercantile Lane, Largo, MD 20774
301-618-5500 (TTY **711**)

Lutherville-Timonium Medical Center
2391 Greenspring Drive, Lutherville-Timonium, MD 21093
800-777-7904 (TTY **711**)

Marlow Heights Medical Center
5100 Auth Way, Suitland, MD 20746
301-702-5000 (TTY **711**)

North Arundel Medical Center
7670 Quarterfield Road, Glen Burnie, MD 21061
410-508-7650 (TTY **711**)

Silver Spring Medical Center
12201 Plum Orchard Drive, Silver Spring, MD 20904
301-572-1000 (TTY **711**)

Woodlawn Medical Center
7141 Security Blvd., Baltimore, MD 21244
443-663-6000 (TTY **711**)

VIRGINIA

Alexandria Medical Center
3000 Potomac Ave., Alexandria, VA 22301
703-721-6300 (TTY **711**)

Ashburn Medical Center
43480 Yukon Drive, Ashburn, VA 20147
571-252-6000 (TTY **711**)

Burke Medical Center
5999 Burke Commons Road, Burke, VA 22015
703-249-7700 (TTY **711**)

Caton Hill Medical Center
13285 Minnieville Rd, Woodbridge, VA 22192
703-986-2400 (TTY **711**)

Colonial Forge Medical Center
(located on the grounds of Stafford Hospital)
125 Hospital Center Blvd., Stafford, VA 22554
540-602-6500 (TTY **711**)

Fair Oaks Medical Center
12255 Fair Lakes Parkway, Fairfax, VA 22033
703-934-5700 (TTY **711**)

Falls Church Medical Center
201 N. Washington St., Falls Church, VA 22046
703-237-4000 (TTY **711**)

Haymarket Crossroads Medical Center
15050 Heathcote Blvd., Haymarket, VA 20169
571-445-7200 (TTY **711**)

Reston Medical Center
1890 Metro Center Drive, Reston, VA 20190
703-709-1500 (TTY **711**)

Springfield Medical Center
6551 Loisdale Court, Springfield, VA 22150
571-622-2225 (TTY **711**)

Tysons Corner Medical Center
8008 Westpark Drive, McLean, VA 22102
703-287-6400 (TTY **711**)

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