

# TRAVELING? WE'VE GOT YOU COVERED








## WITH MEDICARE EXPLORER BY KAISER PERMANENTE



Travel with peace of mind knowing that Kaiser Permanente Medicare health plans include Medicare Explorer,<sup>1</sup> a \$1,200 annual allowance for out-of-area routine and continuing care. Your allowance could be used for office visits, labs, X-rays, physical therapy, individual or group therapy, and more. Check out the table on the right for a list of services you can access while traveling – along with their low and predictable costs.

### Provider network

For the best experience, see any provider that accepts Medicare in the United States and its territories. To find a provider that accepts Medicare, visit **Medicare.gov**. The Medicare Explorer allowance can only be used outside of Kaiser Permanente service areas, which includes all or parts of California, Colorado, Georgia, Hawaii, Maryland, Oregon, Virginia, Washington, D.C., and the state of Washington. To confirm that the area where you are traveling is covered by this benefit, call Member Services at **1-877-221-8221** (TTY **711**), 7 days a week, 8 a.m. to 8 p.m.

Covered service	Copay
 Preventive care (per visit)	\$0
 Primary care (per office visit)	\$20
 Specialty care (per office visit)	\$55
 Labs	\$10
 X-rays	\$25
 Physical therapy	\$55
 Behavioral health care <ul style="list-style-type: none"><li>• Individual (per visit)</li><li>• Group (per visit)</li></ul>	\$25 \$15
 Part B clinically administered drugs	20% coinsurance

For additional details, view the *Evidence of Coverage* at [kp.org/eocnw](https://kp.org/eocnw).





## We've got you covered

Our Medicare health plans include multiple services that you can utilize outside of the service area. Medicare Explorer allowance is not required for the services listed below.

## Urgent and emergency care

Call **911** if you are experiencing an emergency. You are covered worldwide for urgent and emergency care as needed when you join a Kaiser Permanente Medicare health plan. Go to the nearest urgent care or emergency facility, including CVS MinuteClinic and Concentra Urgent Care<sup>2</sup> locations outside of states where Kaiser Permanente operates.

## Email your Kaiser Permanente doctor

Our members can connect with their Kaiser Permanente doctor by email for nonurgent questions. Simply register for an account on **kp.org**.

## Medical advice by phone

When you need medical advice or are unsure whether you need urgent care, you'll have access to advice 24 hours a day, 7 days a week.

## Care in other Kaiser Permanente service areas

You can get most of the same services you would in your home area when visiting another Kaiser Permanente service area. You can get these services if they're provided or referred by a Kaiser Permanente doctor in the area you're visiting. Please call Member Services or our Away from Home Travel Line at **1-951-268-3900 (TTY 711)**<sup>3</sup> (24 hours a day, 7 days a week except holidays), for more information about getting care when visiting another Kaiser Permanente service area, which includes all or parts of California, Colorado, Georgia, Hawaii, Maryland, Virginia, Washington, D.C., and the state of Washington. See your *Evidence of Coverage* for more details.

**To learn more about Kaiser Permanente Medicare health plans, visit [kp.org/medicare](https://kp.org/medicare) or call 1-877-221-8221 (TTY 711), 7 days a week, 8 a.m. to 8 p.m.**

<Kaiser Permanente is an HMO and HMO-POS plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal.>

<sup>1</sup> Members are responsible for any charged amounts for covered services that exceed the annual allowance maximum of \$1,200. Coverage limited to within the United States and its territories.

<sup>2</sup> If you get care at a CVS MinuteClinic® or Concentra Urgent Care in states without Kaiser Permanente, you'll be charged your standard copay or coinsurance. If you get urgent care at a CVS MinuteClinic®, Concentra Urgent Care, or any other urgent care facility in a state with Kaiser Permanente providers, you'll be asked to pay upfront for services you receive and will need to file a claim for reimbursement.

<sup>3</sup> This number can be dialed inside and outside the United States. Before the phone number, dial "001" for landlines and "+1" for mobile lines if you're outside the country. Long-distance charges may apply, and we can't accept collect calls. The phone line is closed on major holidays.