

Mental wellbeing video transcript

TELUS Health *[logo card intro]*

People need more mental health support than ever.

(Plants surround the screen)

TELUS Health provides remarkable health and wellbeing experiences for people worldwide.

(Spinning World Globe in background)

Customers and individuals, we serve trust us to improve mental health

(Split screen into 4 sections. First section shows man and woman. Second section shows woman with coffee cup and man with a paper pad with a warehouse in the background. Third section shows a man jogging with trees in the background. 4th section shows a man sitting on a chair indoors playing guitar.)

With world-leading digital and in-person health and wellbeing services

(2 mobile phones are shown. One shows a woman on the mobile screen with the man she is talking to shown on a smaller screen within the same mobile screen. The other mobile phone showing a man on the mobile screen with the woman he is talking to shown on a smaller screen within the same mobile screen. Leaves from plants sprout out from the edge of the mobile screens.)

That empower them to live their healthiest lives.

Innovative mental health solutions.
The world's largest clinical network

Building the healthiest workplaces and communities on the planet.

Together, let's create a healthier future.

(Plant leaves are shown moving on the screen)

TELUS Health *[logo card with website]*